### St Mary's Priory Catholic Infant and Junior Schools' Weekly Newsletter 12th January, 2023

'Love one another; Always do our best; Take care of ourselves and the world around us'



#### Team Treat!

Congratulations to the St Terese house team who were the autumn term winners! The children worked tirelessly last term, showing excellent listening skills, kindness and team work. The team enjoyed their treat of hot chocolate on a wet and windy day. Well done, team!





#### Welcome little one!

Congratulations to Mrs Henehan and her family, who welcomed their son into the world last week. Both Ronnie and mummy are doing very well!

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'Love one another; Always do our best; Take care of ourselves and the world around us'



When:	What:	Who:	Where:	Time:
Each Friday until 10th February	Middlesex cricket coaching	Pupils in KS2	Astroturf	All day
18th January	Class photographs	All pupils	Infant and Junior School	All day
26th January	Year 2 SATs information meeting for parents (children welcome)	Year 2 parents and carers	Junior Hall	3.30pm
13th- 17th February	Half term break- school closed	All pupils		

#### <u>Reminders</u>

- School uniforms- please make sure your child wears their tie (Juniors/optional for Infants), a white shirt (no polo t-shirts) and black shoes (no trainers). SLT will be checking uniforms next week and sending home reminders to parents.
- Follow us on Twitter! @stmarysrcpriory to see weekly updates from our classes!





Owl Class	Liam	Mariachiara
Robin Class	Kamil	Pola
Swan Class	Aaron	Emiliano
Woodpecker Class	Mason	Georgina
Dove Class	Grace	Dylan
3N	Ashley	Jared
3М	A'Zyah	Emely
4B	Bella	Wincent
4M	Whole Class	
5C	Gracie	Justice
5J	Elvis	Imani-Rose
6B	Matilda	Finley
6D	Sebastian	Aris

Congratulations to our Stars of the week! These pupils have worked exceptionally hard to stand out amongst their peers. Well done everyone!



### Link to our Twitter:

https://twitter.com/StMarysRCPriory



### What's been happening at St Mary's this week?

Make sure you check out our school's Twitter account to keep up to date with what our pupils are getting up to!

St Mary's Priory Catholic Infant & Junior ... @StMarysRC... · Jan 10 ··· The Wonderful Woodpeckers have travelled back in time to the Victorian era! Through the use of drama, the children have been re-enacting the life of Queen Victoria.

oria was crowned queen when she was just 1:ictoria married Prince Albert when she was 20 year Her reign was 63 years. so sad when he died she wore black for the rest of



St Mary's Priory Catholic Infant & Junior Sc... @StMarysRCPr... · 1h ···· Making music with 6B.





The Delightful Doves have been learning all about Aesop's fables! Here we can see our children acting out the story of 'The Tortoise & The Hare.' #DoveDrama



# What Parents & Carers Need to Know about OF

#### WHAT ARE THE RISKS?

#### ALWAYS ONLINE

World of Warcraft is an MMORPG, which stands for Mossively Multiplayer Online Role-Playing Game. Players create a character and head off on mythical quests to earn rewards and become more powerful. The game's environment is absolutely vast, and it can only be played online an PC or Mac - so there's a high probability of young Warcraft fans wanting to monopolise the family computer.

#### REGULAR EXPANSIONS

As is common with many MMORPGs, World of Warcraft's developers, Blizzard, release regular expansions for the game (usually every 18 months to two years). So although there's still plenty of content for young players to experience right now, there will almost inevitably be a requirement to continue buying future expansion packs, which tend to cost around £50.

### IN-GAME PURCHASES AND SUBSCRIPTIONS

Just like its genre contemporary inal Fantasy XIV, World of Warcraft equires a monthly subscription fee to Jay. It's currently £9.99 per month although you can get it cheaper by igning up to a longer subscription). There are also many items which can be purchased from the in-game store hat don't affect gameplay, but nstead offer cosmetic alterations to a layer's character.

World of Warcraft originally launched way back in 2004, and since then the game has blossomed into a major entertainment property. It's spawned spin-off novels, merchandise and even a Hollywood movie adaptation ... but why are we still talking about it in 2023? World of Warcraft's most recent Iteration, Dragonflight, launched last November and marks the game's ninth major expansion. This latest addition has attracted a whole host of lapsed players back to the game – as well as newcomers jumping into the realm of Azeroth for the first time.

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#### VOICE AND TEXT CHAT

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Because World of Warcraft Is played exclusively on PCs and Macs, It's easy for users to type out text messages if they aren't comfortable using voice chat. If you'll forgive the pun, that's a double-edged sword because – although there's less chance of them being harcassed verbally – It puts young players at increased risk of being trolled or receiving spam through the in-game messaging function.

#### SIMULATED VIOLENCE

The fact that World of Warcraft is almost 20 years old means that even its most violent battlee look slightly cartoonish compared with the level of authenticity in many more modern games. The exception tends to be Warcraft's in-game cutscenes: animated sections which move the plot onto the next stage. These offer more realistic visuals, but they still aren't overly gory or scary.

### POTENTIAL FOR ADDICTION

World of Warcraft can trigger a powerful "Just one more quest" mentality in players (especially young ones) as they rush to secure the next dopamine hit from levelling their character up or earning a new item or weapon. It's also a game that doesn't have a definite 'end' – because as soon as a player finishes levelling up one character, they can start afresh with another one.

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### Advice for Parents & Carers

#### MANAGE PLAYTIME

#### REMEMBER THE AGE RATING

m/technology/2011/aug/29/world-of-v

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#### Meet Our Expert

surce: https://www.theguardian.c

MAKE IT A REWARD

#### SIGN UP FOR THE FREE TRIAL



#### ADVENTURE TOGETHER



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ct [https://worldofwarcraft.com/en-us/start

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At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation a feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be gware of. Please visit www.nationalonlinesation. **STAY SAFE ON** DEVICES Whether you're an internet newble or a pro at surfing the web, it's always important to keep online safety in mind. We've pulled together a list of top tips to make it easier for you to protect yourself and your devices in the digital world - helping you steer clear of hazards like misleading information and vicious viruses. There's never a bad time to refresh your internet safety knowledge, but it's an especially smart thing to do before you start using any shiny new devices! SHOW RESPECT A TRUS SOMETHING UPSETS TO OTHERS **BEHONEST THPARENTS** & CARERS Be suspicious of new information ASK PERMISSION before downloading anything AVOID SHARING PRIVATE PHOTOS Don't give away personal 9.9 information truste DOUBLE CHECK YOUR NEWS SOURCES Nos Online Safety<sup>®</sup> #WakeUpWednesday Second Strategy

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### St Mary's Online Safety Tips

Here at St Mary's we consider online safety a priority, we acknowledge that the world our children are preparing for is becoming increasingly online. Therefore, we have compiled the following tips in order to support you in guiding your child through digital experiences.

### Set Up Parental Controls

Home internet providers can offer parental controls for your family. There are 2 ways of achieving this:

- Use a filter from your internet provider to control the content that you and your family see. Some providers
  allow different settings for each user.
- Set up any device connected to your home broadband. How you do this depends on your provider and you'll
  need to access your home router. You can ask your internet provider for help setting this up.



Check the settings on any games or device that your child is on. Settings icons usually look like a gear like this:

On some devices you can control the following:

- Turn off chat functions to stop your child from talking to people they don't know
- Restrict games based on age
- Turn off in-game purchases, or set a limit.

An example is shown on the popular game Roblox:



### Have devices in a supervised area

Remember that parental control tools are not always 100% effective and sometimes, unsuitable content can get past them, so don't rely on them alone to protect your child.

The best way to ensure your child is safe is to monitor their behaviours online. It is not reasonable to expect young children to regulate their own behaviours online, just as we would not expect it to be reasonable for a child to arrange what they have for dinner each night, we as adults must guide the children in their choices.

Avoid headphones or headsets, unfortunately there is plenty of content that appears to be aimed at children but have inappropriate themes. Remember, just because something is a 'cartoon' doesn't mean it's for children.

### Open a Discussion

- Talk to your child and ask them to show or even teach you how they use the internet, learn which websites
  or tools they like to use and why. Learning together can often open opportunities to discuss safe behaviour
  with your child.
- Always ensure your child knows how to block or report people online who send nasty or inappropriate messages or content. Encourage your child not to retaliate or reply.
- Make sure your child knows to tell an adult they trust if they see something online that makes them feel scared, worried or uncomfortable. This will only begin with
- Children love talking about games! If you ask them what their mission is, what the game is about or even
  play a short game with them, you can learn a wealth of knowledge about what your child enjoys online. This
  will allow you to look it up in your own time to scan whether it is appropriate or safe for your child.
- Discuss the SMART rules listed below for guidance, the children would have been taught these guidelines to
  follow when online. Support them in understanding them and realising their application.

### Learn the SMART rules



Safe: Keep safe by being careful not to give out personal information when you're chatting or posting online. Personal information includes your email address, phone number and password.



Meet: Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present. Remember online friends are still strangers even if you have been talking to them for a long time.



Accepting: Accepting emails, messages, or opening files, images or texts from people you don't know or trust can lead to problems — they may contain viruses or nasty messages!



Reliable: Someone online might lie about who they are and information on the internet may not be true. Always check information you see or hear from the internet or social media.



Tell: Tell a parent, carer or a trusted adult if someone, or something, makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.

# Applying for Haringey Primary School Online Talks with Q&A

Haringey is running a series of **online meetings** to help you apply for your child's primary school.

If your child is currently in the last year of nursery, log in for advice and guidance on how to apply for primary school.

### 30 minute talk plus Q&A sessions:

- Friday 11 Nov, 9am
- Monday 14 Nov, 3pm
- Tuesday 22 Nov, 5pm
- Wednesday 30 Nov, 1pm
- Wednesday 7 Dec, 2pm
- Tuesday 13 Dec, 12pm
- Monday 19 Dec, 6pm
- Wednesday 28 Dec, 11am
- Thursday 5 Jan, 9am
- Monday 9 Jan, 11am
- Friday 13 Jan, 5pm

Link to Online Talk

For instructions on how to join the meetings, visit www.haringey.gov.uk/starting-primary-school

### What Parents & Carers Need to Know about SOCIAL MEDIA & ENTAL HEAL

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming, what they're posting and the interactions they're having. On social media, it can be easy to go down 'rabbit holes' that aren't beneficial to our wellbeing. As platforms grapple with managing such 'legal but harmful' content, lives are being impacted = sometimes to tragic effect. We might be daunted by the scale of the tech giants and their content which so enthrals young people, but we can still help children to be aware of their mental wellness: recognising when something isn't OK ... and knowing what to do about content that upsets them.

#### UNDERSTAND THE ALGORITHM

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#### 2. AVOID THE MAIN FEEDS

### 3. DISCUSS WHAT THEY'VE SEEN

chatting about what your ch

#### 4. LEARN HOW TO HIDE CONTENT

#### 5. SET DAILY LIMITS

#### et Our Expert

Sources https://www.bibc.cou/k/news/technology=6330 https://sproutsocial.com/insights/social-media-algorit

www.nationalonlinesafety.com

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6. MONITOR THEIR ACTIVITY

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#### turn off push NOTIFICATIONS

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Even for adults, it's tempting to ch

#### 8. USE DEVICES TOGETHER

### 9. ENCOURAGE OTHE

### **10. TALK ABOUT PEER**



At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel to the safety with their children, should they feel to the safety with their children, should they feel to the safety with the safety with their children and the for adults.

## What Parents & Carers Need to Know about CALL OF DUTY: **MODERN WARFARE**

The Call of Duty (CoD) series is a worldwide gaming phenomenon, with millions of copies sold every year. While 2021's release, Vanguard, wasn't quite as well received, this latest entry – Modern Warfare II – has so far proved a massive commercial success. A sequel to the recent Modern Warfare reboot (and not to be confused with the original Modern Warfare 2, from back in 2009), the game is an online shooter which features – unsurprisingly – extreme violence, rendered in realistic graphics. Amid the explosions and political nature of the plot, there's much for parents to be aware of.

#### VIRTUAL VIOLENCE

WHAT ARE THE RISKS?

Like most of its predecessors in the franchise, Modern Warfare II carries an 18 age rating from PEGI (the Pan-European Gaming information system, which assesses games' content for suitability). This means players will encounter – according to PEGI's wording – depictions of "gross violence, apparently motiveless killing, or violence towards defenceless characters".

#### OFFENSIVE CHAT & MESSAGING

Most CoD players are likely to spend the majority of their time on Modern Warfare II in online multiplayer mode. This entails competing against – or cooperating with – strangers on the online battlefield. The fast-paced, cut-throat world of CoD means that communication through the game's voice chat and direct messages often turns heated and aggressive, which may upset younger players.

#### IN-GAME PURCHASES

dern Warfare II follows the title pass' model of games Fortnite. For a fee – usually und £10 – each 'season' (every ee months or so), players will be ited to complete extra challenges to rn new weapons and equipment. Ierent tiers of battle pass (costing re money) enable them to achieve s more quickly, while items can also purchased from the in-game store.

### POLITICAL SENSITIVITY

IICAL SET us CoD games have accused of attempting to ite history": failing to ctly attribute alleged war ctly attribute alleged war to the US military, for example, to the US military, for example, se to the US military and cause player ented on screen can cause player isunderstand past conflicts and eal reasons they took place. This d lead to young people developing torted, inaccurate view of world

GERATING PEGI 18

#### AN ADDICTIVE EXPERIENCE

Multiplayer mode in Call of Duty titles revolves around levelling up your character to unlock new and equipment gned so that it me process is designed so that it incent it take too long to see an mprovement, and the feeling of making neaningful progress can keep players looked for hours. It's easy for gamers of iny age to lose track of time, but

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#WakeUpWednesday

### **Advice for Parents & Carers**

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#### RESPECT THE AGE RATING

Based on accurately recreating combat situations, Call of Duty games are unflinching in their portrayal of war. Limbs are shot off and explosions send gore flying, while the previous Modern Warfare featured a lengthy interrogation and torture sequence. With Modern Warfare II offering the same style of brutal realism, it's worth reiterating that the PEGI 18 age rating is there for a reason.

#### CLOSE OFF COMMUNICATION

Unless they're playing with their real-life friends, it may be worth closing communication channels if your child plays Modern Warlare II. There's less of a team focus than in many other online combat games and therefore no real need to interact with strangers. Call of Duty fans can be intensely competitive, so even a single action by your child could provoke a barrage of abuse from strangers.

#### SET SPENDING LIMITS

If your child is likely to be tempted by buying that 'must-have' weapon or item, consider removing your bank details from the console or computer to prevent indiscriminate spending – and an unwelcome bill. Pre-paid cards could be an option for in-game purchases, allowing you to control how much your child can spend in advance – and helping them learn the basics of budgeting.

#### TRY OTHER MODES

If it seems that your child only ever plays Modern Warfare II in multiplayer, you could try out the Spec Ops mode with them – formulating strategies while enjoying each other's company. You could also play multiplayer together, taking it in turns to ensure regular breaks Another alternative is the game's campaign mode, featuring bespoke missions and scenarios which follow an overarching plot.

#### Meet Our Expert

Upyd Combes is Games Editor of technology and entertainment website Dexerto and has been working in the gaming media for three years. A long-time gaming enthusiast, he is also a parent and therefore a keen advocate of online safety. Writing mainly about tech and fitness, his articles have also been published on influential sites including IGN and TechRadar, among others.

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# What Parents & Carers Need to Know about

#### WHAT ARE THE RISKS?

### ONE-TO-ONE COMMUNICATION

#### INAPPROPRIATE CONTACT

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#### MEMBERSHIP COSTS

#### Amigo is a social platform which purports to connect strangers from around the world and, with built-in translation software, it reduces the expected language barriers. Focusing heavily on one-to-one chat, video calls and live streams, Amigo encourages its users to build up online relationships and unlock exclusive features such as private video and audio calls: essentially, the more that people chat, the more functions become available to them. This is an app designed with mature users very much in mind and is therefore definitely not recommended for children.

#### LACK OF AGE VERIFICATION

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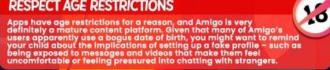
#### REWARDS FOR REPEATED USE

### Advice for Parents & Carers

#### MONITOR DOWNLOADS

ell as frequent catch-ups with your child about what 've enjoyed doing online, you could consider taking the tional step of physically checking their phone every so often to which apps they've installed. The safest option could be to enable 'ask uy' (Apple) or 'purchase approvals' (Android) on their device, meaning which app

#### RESPECT AGE RESTRICTIONS



Users of this guide do so at their ow

#### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparison interact use and section behaviour of users. rmparing internet use and sexting behaviour of young people in e UK, USA and Australia.



#### BLOCK, REPORT, DISCUSS

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ady know that connecting with strangers online It never hurts to refresh their memory. Whatever ops your child uses, make sure they're fully aware makes them feel uncomfortable, scared or upset. ny children alre ort the content, take

#### ACTIVE LISTENING

your child does approach you with a concern, make time to stop hat you're doing and actively listen. Let them talk without terrupting or showing any judgement, then discuss their options and e possible solutions: this empowers them and reassures them that you ere to be supportive. If the issue is one that has put your child at risk, weaver, we may wise to concret the police. wish to contact the police



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# What Parents & Carers Need to Know about

Minecraft is a beloved classic of modern gaming. First released in 2011, this open-ended 'sandbox' game of building and exploration still has over 140 million players who happily return to play it at least once every month. Minecraft has also been utilised for much more than just entertainment: it's sometimes used in schools to teach children coding, and it's also employed as a tool for computer-aided design, which is another valuable skill. Encouraging creativity and problem solving, Minecraft has plenty to offer gamers of all ages, and it's available on almost all video game platforms.





PUBLIC SERVERS

Joining a public network (called a server) lets your child potentially interact with strangers through text chat. Some servers focus on building, while others are dedicated to role-playing – encouraging direct player interaction. Anyone can join public servers and connecting to one is relatively simple. Public server IP addresses (and therefore someone's location) are easy to find with search engines.

#### GRIEFING

Some people in Minecraft delight in purposefully damaging or destroying another player's creation. This is called griefing and is a form of bullying: it intentionally spoils someone elses experience in the game by deleting hours of their work and forcing them to start from scratch. Many public servers treat griefing as a severe offence and frequently ban offenders. TNT THT THT

#### ADDICTIVENESS

Minecraft's gameplay is relatively simple, and the outcome (when a child has built something new, for instance) can be extremely gratifying. This can make the ga highly addictive. It's easy to lose track of time while playing Minecraft, causing committed young players to forget about of ther activities like homework or enjoying family time.

#### SCARY ELEMENTS

The visual design and gameplay of Minecraft is purposefully child friendly, so there's nothing too untoward in the game. However, some of the 'baddles' that can be encountered might prove a little too scary for very young players. In the game, certain enen come out at night and are accompanied by audio – such as zomble moans and skeleton bone rattles – that may unnerve young ones. -

RATING

#### ADDITIONAL PURCHASES

After initially buying the game, players can make optional extra purchases for cosmetic items and other bonuses. Minecraft Realms is an optional online subscription (requiring regular payments) that lets users run a multiplayer server to play with their friends. Most games consoles also need an active subscription to enable online play – so online gaming can quickly become an expensive hobby.

### **Advice for Parents & Carers**

#### RESEARCH CONTENT CREATORS

There are a lots of Minecraft content creators who release helpful videos about the game on YouTube and Twitch. Not all of these, however, are suitable for children. Watching these content creators' channels yourself first is a safe way to find appropriate Minecraft videos to share with your children. This also helps you learn more about the game itself, and how your child plays it.

#### ENCOURAGE BREAKS

It's easy for the hours to fly by while your child is playing Minecraft, so reminding them to take regular breaks is essential. This is a useful way for them to learn good time management, which they'll benefit from as they get older. It will also teach them to play their favourite games in moderation – limiting addictive behaviour and allowing them to manage their day better.

#### Meet Our Expert

Clare Godwin (a.k.a. Lunawolf) has worked as an editor and journalist in the gaming industry since 2015, providing websites with event coverage, reviews and gaming guides. She is the owner of Lunawolf Gaming and is currently working on various gaming-related projects including game development and writing non-fiction books.

#### CHOOSE THE RIGHT MODE

Selecting 'Creative' or 'Peaceful' mode allows children to play Minecraft without having to contend with enemies. It's also a great way for you to get used to playing the game with them, since the difficulty level is lower. This allows yo to work together on a long-term project, creat something special without the threat of moanin zombies or creepers damaging your build.

#### HOST A PRIVATE SERVER

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The easiest way to find a safe server for your child to play on is to make one yourself. Hosting a server prevents strangers from finding it, unless they've been given the necessary joining details. A private server also lets you control who's allowed to enter and - if necessary - to ban someone who shouldn't be there. This is the closest equivalent to parental controls in Minecraft.

#### TALK ABOUT STRANGERS

At some point in their lives, almost everyone needs to have contact with a stranger online. Talking to your child about online safety, therefore, is essential – as is having a plan in place for dealing with any hostile or difficult strangers. Ensure that your child knows never to tell a stranger about themselves online, and that they should come to you straight away if they do encounter a problem.

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# School uniform





# PE uniform





Details of our school uniform can be found on our website under 'parents', or by clicking the link below.

https://www.stmaryspri ory.co.uk/school-unifor m/

