



St Mary's Priory Catholic Infant and Junior Schools'

School Newsletter

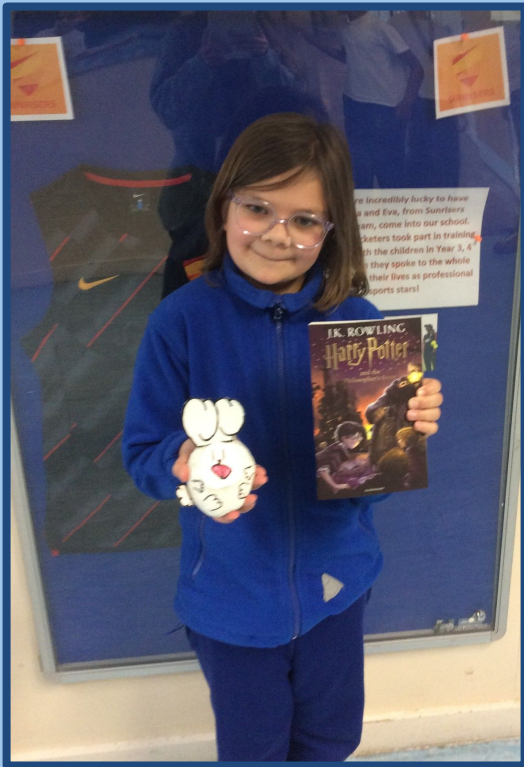
'Where great lives begin!'

14th March 2025

Dear Parents and Carers,

This week was 'Science Week' and we kicked off the week with an assembly from a very charismatic chemist, Dr Szydlo. The children and staff had a blast (literally!) watching various experiments and even an explosion of chemicals!

A huge CONGRATULATIONS to these two children who won a prize for their entry of a 'potato character' into last week's World Book Day competition! Well done to everyone who entered- they were really impressive!



Next Monday-Friday we will hold the Book Fair after school which is always well-enjoyed by the children.

Have a lovely weekend,

Ms Reynolds
Deputy Headteacher

Attendance winners!	
Infant School:	Junior School:
Dove 97.84%	6J 98.86%
Punctuality winners!	
Owl 3 lates	3C, 5B & 6J 1 lates

School calendar:

When:	What:	Who:	Where:	Time:
January-March	Come Dine with Us! Dates on the next slide- you must book in via the link.	All	Report to office first	11.25
7th-16th March	Science Week	All		
17th- 21st March	Book Fair	All	Corridor next to Junior Hall	3.30-3.45pm
Wb 31st March	Big Lent Walk- all classes	All		
4th April	Stations of the Cross	All		
4th April	School closes at 1pm for Easter Break	All		

Class assemblies:	Date:	Time:
Rec	Thursday 3rd July	2:40pm
Y1	Wednesday 21st May	2:40pm
Y2	Thursday May 15th May	2.40pm
3C	Tuesday 20th May	2:40pm
3W	Tuesday 14th May	2.40pm
4D	Tuesday 13th May	2:40 pm
4G	Thursday 15th May	2:40pm
5B	Tuesday 10th June	2.40pm
6J	Date tbc End of Year Mass	



Stars of the Week



Class:	Stars:	
Robin Class	Laura	Kendrick
Dove Class	Gabriela	Aaron
3C	Angelo	Aron
3W	Terry	Triana
4D	Denis	Ariana
4G	Toprak	Samantha
5B	Sophia C	Ashley
6J	Kian G	Sinead

Congratulations to our Stars of the week!
These pupils have worked exceptionally hard to stand out amongst their peers. Well done everyone!



BRITISH SCIENCE WEEK 2025



Kicking off Science Week with a BANG! Our passionate chemist assembly was a blast—literally! From mind-blowing explosions to mixing materials in exciting ways, it was an unforgettable experience.





BRITISH SCIENCE WEEK 2025



Year 4 took a deep dive into the life and legacy of Marie Skłodowska-Curie for #ScienceWeek! ✨ They created a fact file to highlight her groundbreaking work in radioactivity and her role as a trailblazer for women in science.

Marie Skłodowska-Curie-Facts

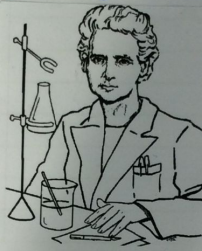
Marie Curie was the first woman to earn a Nobel prize.

She was the first person ever to get 2 Nobel Prizes.

In 1934, at the age of 66, Marie died of radioactivity.

Marie's father was a teacher.

Marie went to France to study and got many degrees.



In 1906, Pierre got run over by a horse.

Marie and her husband, Pierre, worked together. She and her husband discovered 2 new elements, Polonium and radium.

Marie was born 150 years ago and was the youngest of 5 other siblings.

In 1903, Marie was the first woman to earn a doctoral degree.

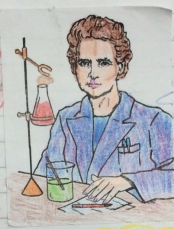
Ruzgar- 4D

Marie Skłodowska-Curie

They made a family and still work in the laboratory.

Her cat was called be a Siamese.

She secretly went to school and was the first in her class. They didn't allow that in Poland.



Marie was born in Poland. She was the youngest of 5 and was born in November 7th 1867.

In 1944 she died because of the experiment she made and she didn't know it contained acid.

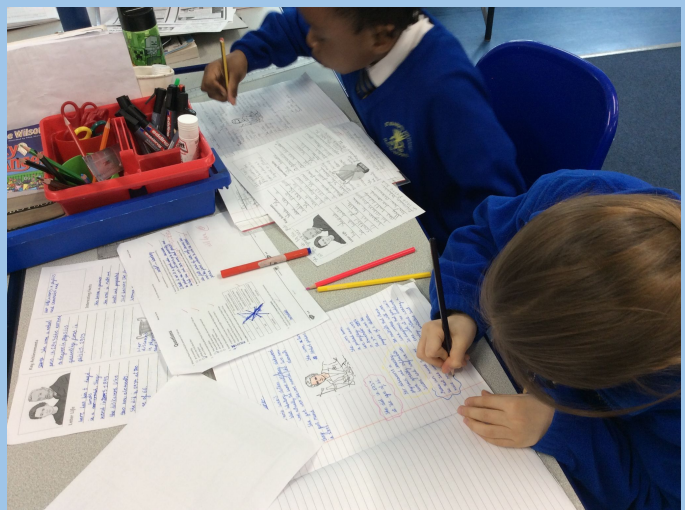
They got married in 1895 and their work led them to the discovery of two new elements.

Student's in 1906 Petrie died.

The materials that Marie Curie worked with were so dangerous that you can't even look at her cookbook today without wearing a full protective suit.

Marie Curie's blue laboratory clothes were actually the same ones she wore when she got married.

Heavenly- 4D





BRITISH SCIENCE WEEK 2025



Colourful Curiosity! Our budding scientists are shining bright during Science Week! From vibrant outfits to vivid discoveries, they're showing that science is all about exploring the colourful world around us!



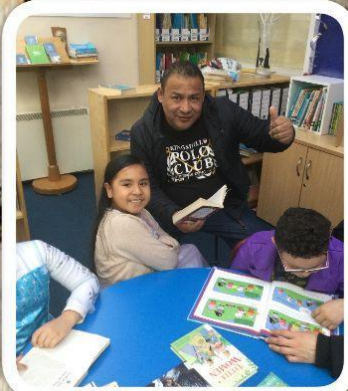
WORLD BOOK DAY

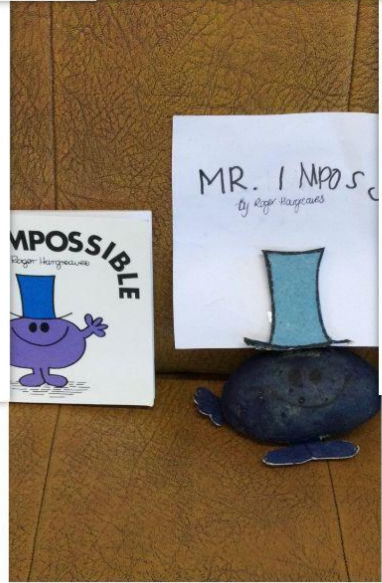
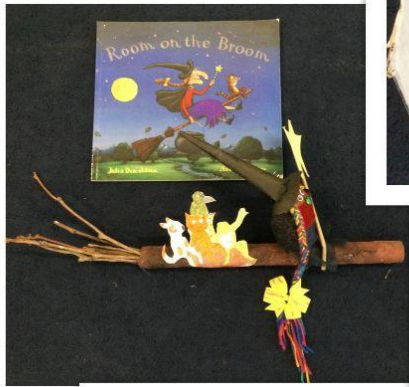
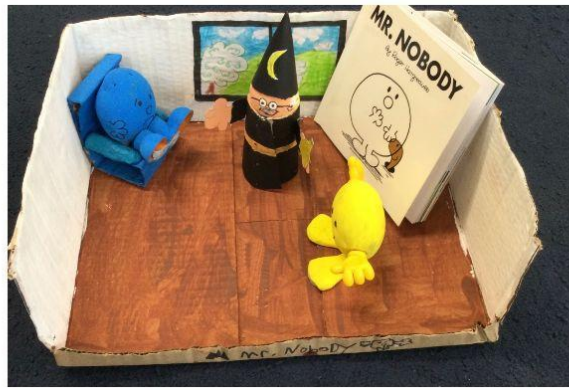
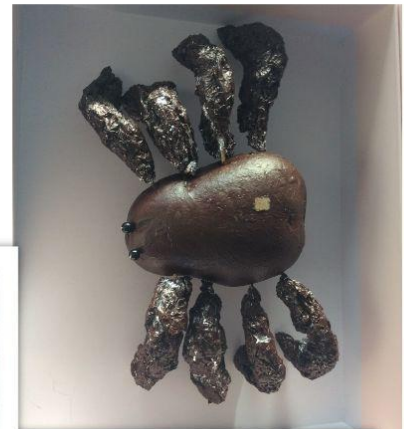
Some more lovely photos from our 'Storytime with Parents' last week!





WORLD BOOK DAY





Some our fabulous 'potato characters' from World Book Day last week!

10 Top Tips for Parents and Educators

PROMOTING ORAL HEALTH IN EARLY YEARS

According to government statistics, tooth extraction remains the most common hospital procedure among 6- to 10-year-olds in the UK – and almost 90% of these cases among the under-5s were due to preventable tooth decay. Our guide has expert advice on promoting the value of oral hygiene ... and protecting those gorgeous smiles!

1 BUILDING NUTRIENTS



The foods that support good dental health also often aid bone development, so some of these tips will help to strengthen bones too! The main building nutrient is calcium. It's an essential mineral, but it can't work alone: to function well, calcium needs other vitamins and minerals ...

2 SELECTING TREATS



Persuading children to avoid sweet treats can be tricky, to say the least. Instead, steer them away from sweets that stay in the mouth longer, like chews or hard lollies. A piece of chocolate is preferable as it's in the mouth for less time. Dark chocolate, meanwhile, contains theobromine – an alkaloid that actually helps to protect teeth.

3 FAB PHOSPHORUS



The mineral phosphorus supports calcium by depositing minerals on the teeth's surface, repairing and strengthening the enamel. It's also key in maintaining the acidity balance in the mouth, which is essential for oral health as acidic conditions can contribute to the enamel being worn away.

4 NOT SO SWEET



Sugar itself doesn't directly damage our teeth, but it does start the process by altering the mouth's natural pH level to make it more acidic. This produces the perfect environment for the 'bad bacteria' hiding in the plaque to feed on the sugars, which in turn damages our teeth's enamel.

5 DAMAGING DEMINERALISATION



When the bacteria in plaque releases acids onto our teeth, it removes minerals from the white protective outer layer (the dental enamel) – a process called 'demineralisation'. This outer enamel is less strong in milk teeth, which is why tooth decay is comparatively common among children – and why brushing properly is so essential.

6 VITAL VITAMIN D



For the body to absorb calcium from food, we need a supply of vitamin D. This vitamin has many important roles related to teeth, including working alongside calcium-binding proteins to ensure that calcium enters the bloodstream and makes bones strong and healthy.

7 SUPER SALIVA



When we consume certain foods or drinks, our mouths can become too acidic. Unhelpful bacteria love this environment and can attack the surface of our teeth, leading to demineralisation. Vitamin A helps us produce saliva, neutralising these acids and restoring the mouth's pH balance.

8 HELPER NUTRIENTS



As well as teeth, oral health also refers to our jaw, gums and saliva production; these can often be forgotten but are equally important. We need a different set of vitamins and minerals to support these areas of our mouth – such as the large 'hidden' section of the tooth that we can't see.

9 CHOOSE THE RIGHT FOODS



A mix of food groups can support children in getting enough 'builder' and 'helper' nutrients. Dairy is great for vitamins and minerals (but watch for added sugars), while fish contains vitamin D and phosphorus. Orange, yellow and red fruit and veg usually have lots of vitamin A, and green veggies – especially kale – can provide plenty of calcium. Meat, beans, nuts, dried apricots and fortified products (like cereal) can provide the required iron intake.

10 IRON AND ORAL HEALTH



Iron is also a vital component in helping to defend our gums and mouth from potential infections, which can be caused by wrong type of bacteria. Additionally, it helps to create collagen, which is part of the framework of our gums and is therefore essential in providing teeth with a solid foundation to grow from.

Meet Our Expert

Louise Mercleca is a nutritional therapist, award-winning author, radio presenter and podcaster who is on a mission to educate children about how food and health are linked. She works as a consultant to nurseries and catering providers on menu development, as well as delivering staff training on nutrition and child development.



#WakeUpWednesday

The National College

Sources: <https://www.gov.uk/government/statistics/oral-health-survey-of-5-year-old-children-2022/national-dental-epidemiology-programme-ndep-for-england-oral-health-survey-of-5-year-old-children-2022#:~:text=In%20this%20survey%20of%205,yad%20experience%20of%20dental%20decay> | <https://help-for-early-years-providers.education.gov.uk/safeguarding-and-welfare/oral-health> | <https://www.bspd.co.uk/kidsvids> and <https://learnenglishkids.britishcouncil.org/listen-watch/songs/brush-bus>



- The No.1 Science Activity Holiday STEAM Camp
- For All Boys & Girls Aged 5-12 Yrs
- New Science Activities Every School Holidays
- Find Your Closest Location Online in 10 Secs

EASTER CAMP

April STEAM Camp 2025 | Mon-Thur (4-Day Camp) | 3-Weeks Available

*Check Online with your Home Postcode, to see which Dates and Weeks are Running at your Closest Location!



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MNS April Easter STEAM Camp 2025 Info:

In this fantastic 4-day Holiday Science Activity Camp, your children will enjoy lots of safe, fun, hands-on, educational, chemistry, biology and physics science activities and special demonstrations with take home experiments (see below) - with outdoor activity play!

Dates:

Week A: Mon 31 Mar to Thur 03 April 2025 (4 days)

Week B: Mon 07 Apr to Thur 10 April 2025 (4 days)

Week C: Mon 14 Apr to Thur 17 April 2025 (4 days)

• Open to Children: aged 5-12 years - Only

• Venues: across London (look right>)

• Times: 9am - 3:30pm (6.5hrs). Extended hours 8:30am-4pm.

• Day Places: limited day-places available to book online

Brilliant Biology! - New STEAM for 2025!

Day 1> Brilliant Bodies!

Getting To Know You!

What's That Smell!

What Big Teeth You Have!

Bizarre Bodies!

Day 2> Spring Has Sprung!

Plantacious!

How Does Your Garden Grow?

Stuck On You!

Day 3> Amazing Animals!

Super Birds!

Hop To It!

Bouncing Bunnies!

Busy Buzz!

Day 4> Super Senses!

Noisence!

See All You Can See! - Brainiacs!

Easter Bonnet Parade Challenge!

and many, many more cool science demonstrations, experiments, games and quizzes! - see online for more info!

Early-Bird,
Multi-Book
Discount
Available!

VENUES Serving:

NW London

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- Brent
- Camden
- Ealing
- Harrow
- Hillingdon
- Westminster

SW London

- Kensington Hammersmith and Fulham
- Hounslow
- Kingston
- Merton
- Richmond
- Sutton
- Wandsworth

NE London

- City of London
- Enfield
- Hackney
- Haringey
- Islington
- Tower Hamlets
- Walthamstow

See website for full list...



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May-June Half-Term 2025
Holiday Science Activity Camp



July-August Summer 2025
Holiday Science Activity Camp



Did You Know?
we also do
THE BEST
BIRTHDAY PARTY
EVER!



Dear parents and carers,

We would like to invite you to 'come dine with us'!

What you need to do:

Complete this form by the sign up deadlines (see below) stating that you would like to eat lunch with your child:

<https://forms.gle/YAd1KdnJHBnz7Se67>

Cost: £3 which will be added to your child's Arbor account for you to pay after the meal

Arrive to the school office at 11.25am.

When:	Class	Where:	Time:	Sign up deadline
19th March (change of date!)	5B	Hall	11.30am	28th February
26th March (change of date!)	6J	Hall	11.30am	7th March

ST MARY'S PRIORY CATHOLIC INFANT & JUNIOR SCHOOL

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	SPAGHETTI BEEF BOLOGNESE (G/W)	PEPPERONI PIZZA (MK, G/W)	ROAST CHICKEN & GRAVY	BBQ CHICKEN	FISH FINGERS & CHIPS (F, G/W)
VEGGIE	VEGETABLE BOLOGNESE WITH SPAGHETTI (G/W)	MARGHERITA PIZZA (MK, G/W)	CHEESE & TOMATO PASTY (E, MK, G/W)	BBQ VEGETABLES (CE, G/B*, O*, R*, W*)	VEGAN NUGGETS & CHIPS (G/W)
SIDES	GARLIC BREAD & GREEN SALAD (MK*, SO*, G/W)	SEASONED POTATO WEDGES & BAKED BEANS (G/W)	RUSTIC ROAST POTATOES & SEASONAL VEGETABLES	GREEN BEANS & CAULIFLOWER	BEANS OR PEAS
PUD	CHOCOLATE CHIP COOKIE (E, MK, SO, G/W)	BANANA MOUSSE (MK)	HONEY & RAISIN FLAPJACK (G/B*, O, W*)	ICED VANILLA SPONGE (E, MK, SO*, G/W)	CHOCOLATE CAKE & FRESH CREAM (E, MK, SO*, G/W)

THEME DAYS



JACKET POTATO | DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT | SELECTION OF COLD DESSERT POTS

DATES

6TH JAN / 27TH JAN / 24TH FEB / 17TH MAR

ALLERGENS

CE = CELERY F = FISH G/O = OATS L = LUPIN MU = MUSTARD SO = SOYA
 CR = CRUSTACEAN G = GLUTEN G/R = RYE MK = MILK N = NUTS SU = SULPHUR * = MAY CONTAIN
 E = EGGS G/B = BARLEY G/W = WHEAT NO = MOLLUSCS P = PEANUTS SE = SESAME SEEDS V = VEGAN
 S = SEASONAL VEG



THE BIG LENT WALK



Dear Parents/Carers,

Over the coming weeks, the whole school will be taking part in Cafod's The Big Lent Walk to raise much needed funds to help some of the poorest people in our global community.

Please dig deep and donate what you can. More information will be posted on Google Classroom

.

<https://schools.walk.cafod.org.uk/fundraising/st-marys-priory-catholic-schools-lent-fundraiser>

Thank you for all of your support,

Mrs Murphy



— DIOCESE OF —
LONDON



#LoveTheTiverton Church

2 - 3 PM SATURDAY 15 MARCH
BY THE FLADBURY ROAD SHOPS

PLANTING, CRAFTS, MUSIC,
NEIGHBOURS, FAITH, HOPE



IN PARTERSHIP WITH

#LoveTheTiverton



St Ann's Church
Tottenham

IT IS TIME FOR TIVERTON RESIDENTS TO BE HEARD. JOIN THE



3pm Saturday 15th March
Bridge Community Hut
Tewkesbury Road, N15 6SE
TivertonResidents@gmail.com

Annual General Meeting Agenda:
1. Chair's report
2. Treasurer's report
3. Election of committee



Written by Jannick and Ibukun (Year 1)

Dear God,

As we enter this period of Lent, help us to resist the temptations around us.

Heavenly Father, help us to love one another and play together. Help us to listen to God.

Amen