

# Pendarren House Outdoor Education Centre

17th to 21st November 2025



# What is Pendarren House?

- Owned by Haringey council
- Staffed by qualified, experienced teachers and instructors
- Equipment, safety and staff/pupil ratios follow Codes of Practice



# Where is it exactly?



# Why do we go?

- P.E. curriculum-undertaking adventurous outdoor activities



# Geography curriculum-

- study of contrasting area
- Rivers, mountains, volcanoes and earthquakes
- Map-reading skills, compass points, grid references, scale and key
- Maps- physical and political



- Personal  
Development

# When do we go?

- Children arrive to school at 7.15am
- We leave at 7.30am from outside the school  
Monday 17th November 2025.
- We return at approximately 3.45pm on Friday 21<sup>st</sup> November 2025



**NB: we will communicate delays / changes in time / changes in pick up point via email during the afternoon – please make sure you check!**

# How much will it cost?

£355 or £249 (Free School Meal pupils)

- With the grant, we are hoping that the cost will be around:
  - £300 or £200 (FSM pupils)
- This will all depend on how many children sign up to the trip.

# How to claim the Reduced Rate

- If your child is currently entitled to Free School Meals, you will automatically be charged the Reduced Rate as long as your child is entitled to FSM in the week we are away.
- If you are eligible to receive Free School Meals but haven't applied for them, you must apply for them immediately (even if your child is on packed lunches and wants to stay on packed lunches).

# Pocket money

- The children may bring pocket money to use at the tuck shop on the last day.
- They may also use it to purchase the books written by the storyteller who visits the children during their stay.
- Pocket money is totally optional and should not be more than £10 (unless they wish to purchase a book, in which case it could be £20).

# What do I need to do now?

- Pay deposit and sign up by Friday 18<sup>th</sup> July
- Update any relevant medical information with the office.
- Before the trip, let the office know which medication your child will need and complete the form.
- Full payment will be required before the trip in October
- Or make an appointment with the office to discuss finance options.

# Views of Pendarren













# What do the children do at Pendarren?

Take a look and see!

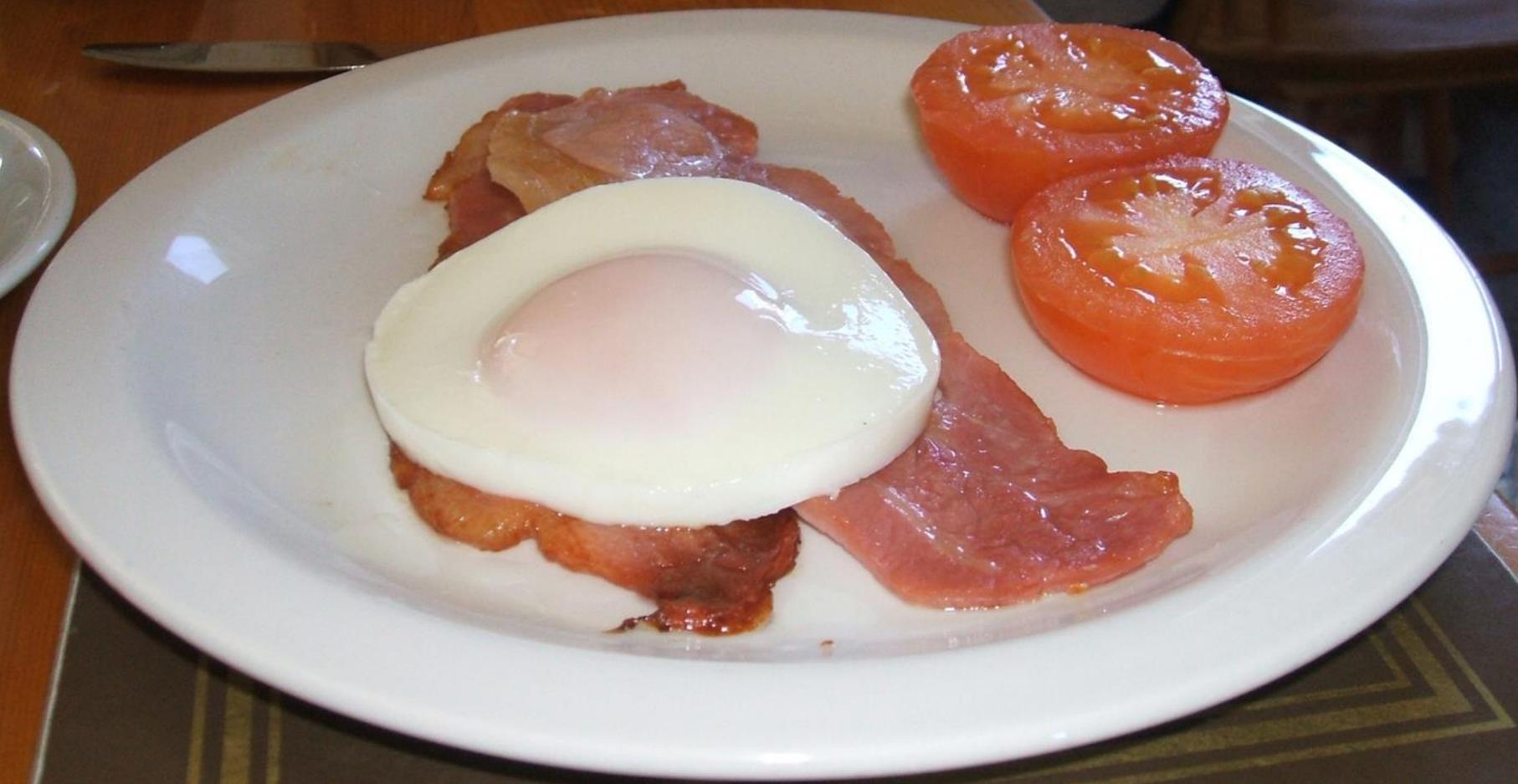


# A day at Pendarren

- 7.30 Wake up bell
- 8.00 Breakfast
- 8.30 Helping around the house
- 9.00 Dormitory Inspection
- 9.15 Activities – Lunch - Activities
- 5.00 Showers
- 5.30 Outdoor time
- 6.30 Dinner
- 7.15 Common room time
- 8.30 Relaxation and Group Games
- 9.00 Getting ready for bed
- 9.30 Prayers and Lights Out

# Meal time in the dining room...





# Food at Pendarren...

Here is a typical day's meals.

Breakfast: Cereal, Sausages and Hash Browns, Toast

Lunch: Filled Roll, Crackers or Breadsticks, Salad Vegetables, Fresh Fruit, Cake

Dinner: Curry, Lasagne, Pizza, chicken and chips, Jacket Potato, Salad. Ice Cream and Jelly

Children are not allowed to keep food upstairs in the house as it encourages mice.

Do not put any food into your child's packing (apart from the packed lunch they will eat on the journey).

# Helping around the house...



# Life in the Dormitories...working together...



# Ready for Inspection!



Don't forget your cuddly toy!



# Collecting Kit...



We choose from a range of activities....



# Canoeing



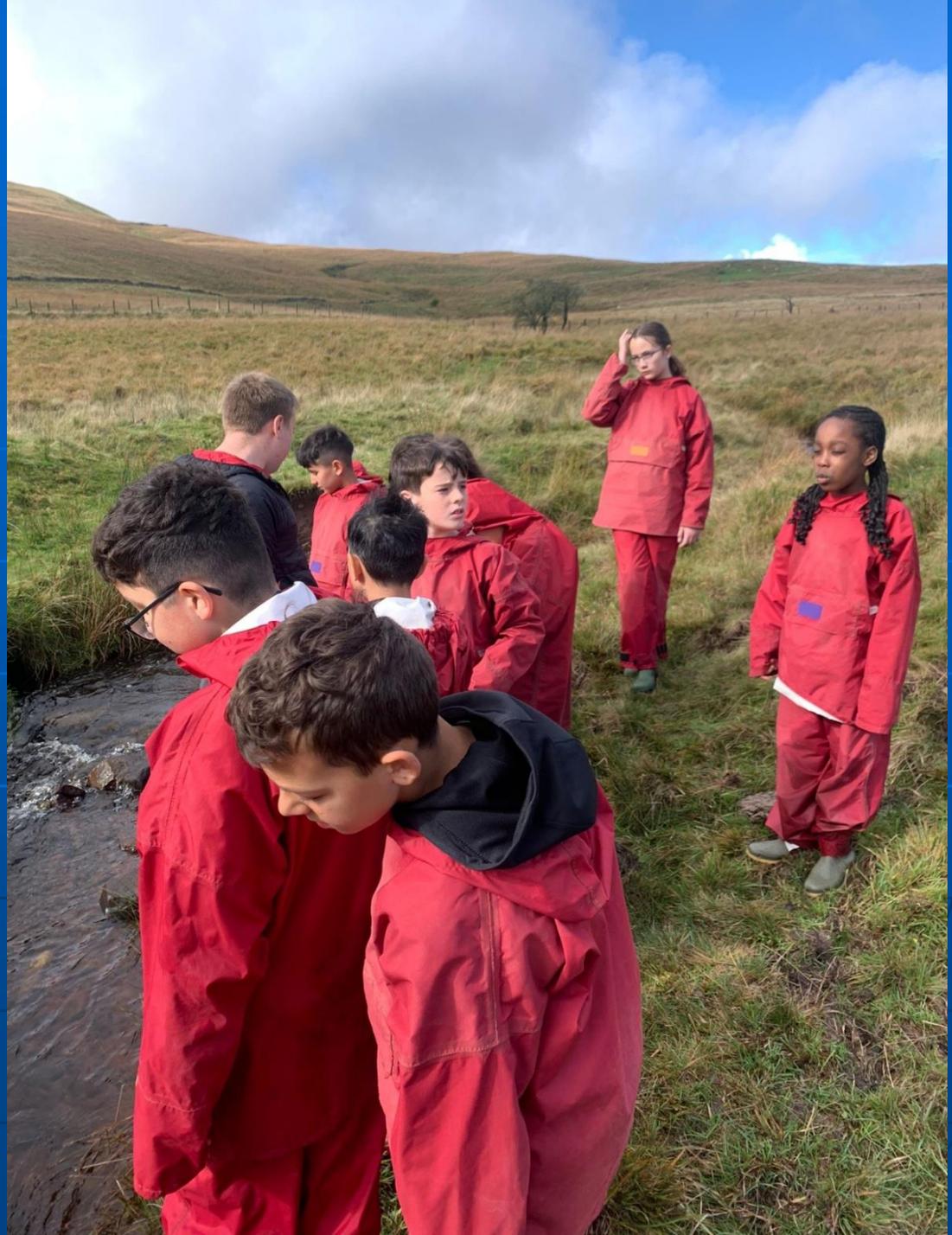
# Zip lining



# River Study- the source of the Afon Melte high in the Brecon Beacons



# Finding the source!



We follow  
the course  
of the river  
into the  
limestone  
caves...



# Survival skills



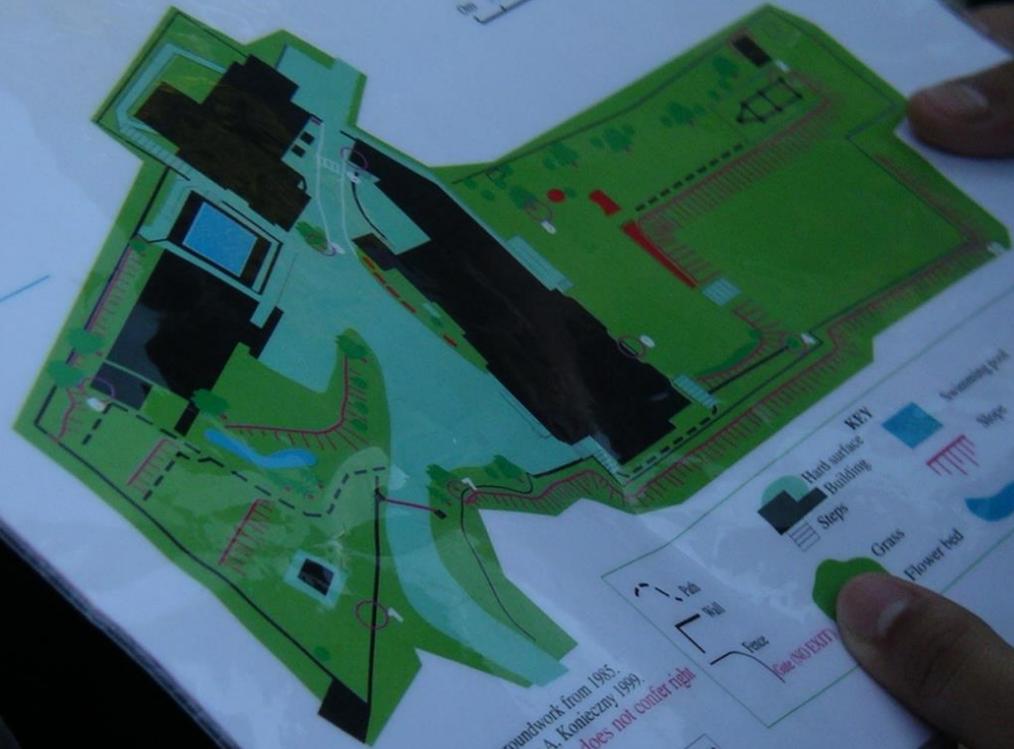
# Orienteering!



Orienteering map  
Pendarrren House and

Scale 1:6000  
0m 10m 20m 30m 40m

DEC 2011  
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**KEY**

Hard surface	Swimming pool	Hard path or run
Building	Slope	Log pile
Steps	Pond	Contour line
Grass	Flower bed	Bog

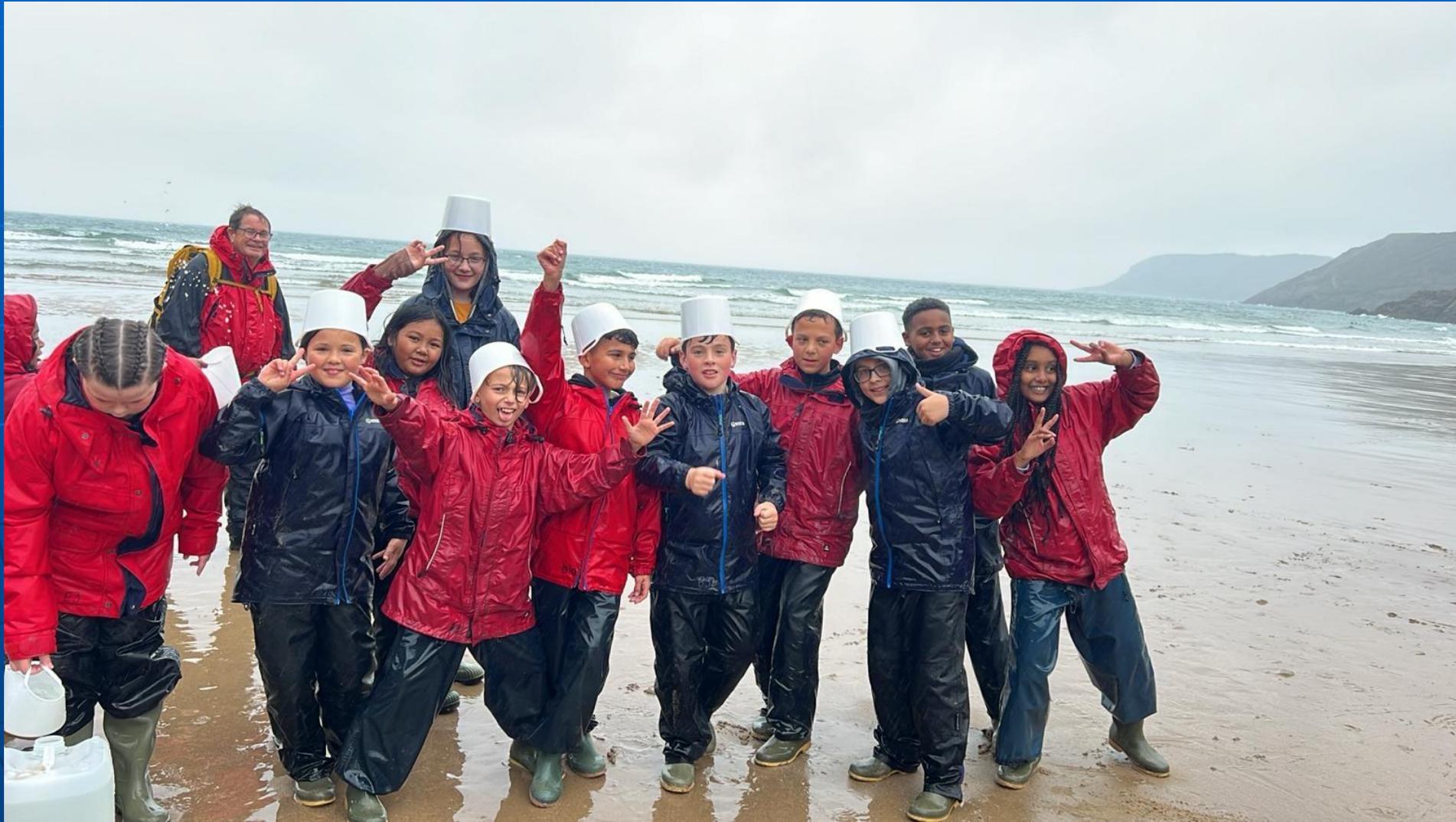
Path  
 Wall  
 Fence  
 Tree (No 12117)

Based on original groundwork from 1985.  
Surveyed and drawn by A. Koneczny 1999.  
**Possession of this map does not confer right of access**

Produced at Pendarrren House by **PHdesign**



# Trip to the beach...



# Fun and games in the garden...



# ...and the common room



# Daniel Morden Story Teller



# Behaviour

The activities at Pendarren contain an element of risk. Children are supervised by qualified teachers and instructors. It is vital that children follow instructions given to them.

# Medical Matters

- Let us know about any medical problems
- Travel tablets if your child suffers from travel sickness (to be given to adult to administer- visit the office)
- Prescription medication will be looked after and administered by School Staff
- The only non-prescription medicine we will give is Calpol. The school will provide Calpol and you will be asked to give your permission. We are not permitted to give any other non-prescription medication.
- Make sure that you send full inhalers with your child's name on it
- If your child suffers from hay fever or other allergies, send prescription medication
- If your child suffers from eczema, they can look after their own creams
- Fill in the medical form carefully

# The Journey

Please do not bring suitcases with you- they are too big and there is not enough room on the coach for them



This is what you need to bring...



# What do you need to pack?

- **Clothes for activities:** underwear- if possible, about 8 pairs of socks and pants, T-shirts, fleeces, long sleeved top, old trainers, at least 3 pairs of tracksuit bottoms or trousers that you don't mind getting really dirty (not jeans), warm hat, scarf, gloves,
- **Clothes for the evening:** comfortable clothes to play in, trainers
- **Nightclothes:** pyjamas or long nightie, slippers if you wish, cuddly toy
- **Towels:** 2- one for showering and one for taking on activities
- **Toiletries:** toothbrush, toothpaste, tissues, soap or shower gel, flannel, shampoo, brush or comb, deodorant, skin cream if you have eczema
- **Stationery:** first class stamps, postcard with home address, pen, address book, something to read, cards or other small games
- **Food and Drink:** small snack and drink for the journey down. Water bottle- refillable.
- **Other useful items you may want to bring:** a watch, dustbin bag to put dirty clothes into
- **Also:** medication, travel tablets

You also need to send a **single sheet**, a **pillowcase** and a **single duvet cover**.

Please make sure your child knows how to make their bed. Get them to practise!

# Photographs

- Staff will take hundreds of digital pictures which will be visible on our school website.
- Children do not bring their own cameras or phones
- Please do not put pictures of other children from the website onto websites that can be viewed by the general public (social media).

# What not to bring...

- No mobile phones
- No AirTags or tracking devices
- No cameras
- No electrical items e.g. electronic games, iPads/tablets, hairdryers
- No glass containers
- No food for the dormitories

# The morning we leave...

- Children must be at school by 7.15am
- Children register in their class and then go to the toilet
- Parents hand in any medicine and sign the medical form
- We leave promptly at 7.30am
- Half way there we stop for lunch (children should bring a packed lunch- not too much!)
- We arrive at Pendarren after lunchtime

# Communication

- Please **WRITE TO YOUR CHILD** frequently- they love getting post from you!
- Get brothers, sisters, grannies, grandads, aunts and uncles to write too!
- Give your child stamps so that they can write to you
- No phone calls
- No mobile phones
- Do not call Pendarren



# Important!

Please keep an eye on your emails – it is NOT unusual that there will be changes to pick up times, and pick up location.

It all depends on: what time we leave, traffic, length of stop and somewhere to park the coach safely.

Do the children enjoy it?









# WE THINK THEY LOVE IT!

