



# St Mary's Priory Catholic Infant and Junior Schools'

## School Newsletter

Where great lives begin

Dear Parents and Carers,

14th November 2025

### **Celebrating Anti-Bullying Week**

This week, our school joined millions across the UK in marking Anti-Bullying Week. The national theme for 2025 is "Power for Good", encouraging children to recognise the positive influence they have to stand up against bullying and create a culture of kindness and respect.

We launched the week with a special assembly exploring what it means to use our "Power for Good" in everyday life. On Friday, pupils showed their support by wearing odd socks, a fun reminder that our differences make us unique and should be celebrated!

### **Remembrance Day**

On 11th November, the whole school paused for the traditional two minutes of silence to honour those who gave their lives in service. Each class reflected on the meaning of remembrance, and together we created beautiful pieces of poetry inspired by themes of peace and gratitude.

### **Year 5 Trip to the Natural History Museum**

Year 5 had an exciting day at the Natural History Museum, taking part in a hands-on Oceans Workshop. The children explored marine ecosystems, learned about ocean conservation, and discovered how small actions can make a big difference to our planet.

### **Visit from London's Air Ambulance**

We were delighted to welcome London's Air Ambulance team to school. They delivered an engaging assembly for the whole school, sharing the incredible work they do to save lives. Afterwards, Years 3 and 4 enjoyed a practical workshop, learning about emergency response and the importance of teamwork in critical situations.

### **Dates for Your Diary**

We're looking forward to the festive season! Please check the next slides for added dates:

- Christmas Fair
- Nativity Performances
- Whole School Carol Service

Let's make this Advent a time of joy, community, and celebration.

Warm regards,

**Ms Reynolds**  
**Deputy Headteacher**

# School calendar:

When:	What:	Who:	Where:	Time:
All year	<b>Clubs:</b> Monday: Y1-6 Football (Top Sports Academy)/ Street Dance (Y4-6)/ Arts and Craft (ASC) Tuesday: Multi-sports (ASC) Wednesday: Performing Arts (ASC) Thursday: Y1-6 Multi-sports (Top Sports Academy) Friday: Homework (ASC)		Various	9am
Friday 21st November	Cafod's Jubilee Celebration Day. Non-uniform Day	All		
	9th Dec 9.10am Years 3/4/5 Christmas performance 10th Dec 9am Year 6 Carol Concert 10th Dec 2.40pm Years 1/2 Christmas performance 11th Dec 9.10am Early Years Christmas performance			
Tuesday 9th December	Christmas Fair	All	Infant school	3-4.30pm
11th December	Christmas Jumper Day- please bring in donations of cash for the charity, <i>Save the Children</i>			
Wednesday 17th December	Whole school Christmas Carol Concert! Parents invited- seats will be limited.	All	Junior Hall	9am

St Mary's Priory Catholic Infant & Junior School

## WEEKLY MENU

WEEK 1  
WEEK 2  
WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN</b>	Hot Stir Chicken Stir Fry (CE, MU*, SO, G/W)	Beef Burger (SE*, SO, SU, G/W)	Roast Chicken & Gravy	Cheese & Tomato Pasta (CE, MK, G/W)	Fish Fingers & Chips (F, G/W)
<b>VEGGIE</b>	Hot Stir Greens & Vegetable Stir Fry (CE, E, MU*, SO, G/W)	Vegetable Burger (SE*, G/W)	Roasted Vegetable Fido Parcel with Homemade Tomato Sauce (G/W)	Mac & Cheese (MK, G/W)	Cheese & Tomato Pinwheel (MK, G/W)
<b>SIDES</b>	Egg Fried Rice & Stir Fried Greens (E, SO, G/W)	Homemade Potato Wedges with Baked Beans or Green Salad	Rustic Roast Potatoes with Roasted Carrots & Parsnips	Mixed Green Salad & Coleslaw (E)	Beans or Peas
<b>PASTA &amp; JACKET</b>	Vegan Roasted Vegetable Pasta (G/W)	Jacket & Salad	Tomato & Basil Pasta (CE, G/W)	Jacket & Salad	Mac & Cheese (MK, G/W)
<b>PUD</b>	Yoghurt with Honey & Fruit (MK)	Homemade Chocolate Cookie (E, MK, SO, G/W)	Apple Crumble with Custard (MK, G/W)	Syrup Sponge & Vanilla Sauce (E, MK, SO*, G/W)	Ice Cream with Fresh Fruit (MK)

THEME DAYS

- LOVE BRITISH FOOD
- FESTIVAL OF LIGHT
- BONFIRE NIGHT
- WINTER WONDERLAND

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT

**DATES**  
8 SEP / 29 SEP / 20 OCT / 17 NOV / 8 DEC

**ALLERGENS**

CE = CELERY F = FISH G/D = DATE L = LUPIN MU = MUSTARD SO = SOYA  
 CR = CRUSTACEAN G = GLUTEN G/R = RYE MK = MILK N = NUTS SO = SULPHUR  
 E = EGGS G/B = BARLEY G/W = WHEAT MD = MOLLUSCS P = PEANUTS SE = SESAME SEEDS  
 \* = MAY CONTAIN \*\* = VEGETARIAN \*\* = SEASONAL VEG

Olive's food with passion





# Stars of the Week



Class:	Stars:	
Owl Class	Natan	Megan
Robin Class	Malachi	Emma C
Dove Class	Kieran	Renayasia
3C	Rodericka	Adam
4D	Pola	Ava
5W	Maariya	Daniel
5B	Mia	Cain
6J	Sophia M	Dawood

**Congratulations to our Stars of the week!**  
**These pupils have worked exceptionally hard to stand out amongst their peers. Well done everyone!**



# Hurricane Melissa



Emergency Appeal

[To donate to the Hurricane  
Melissa emergency fund,  
please click here.](#)

## **Hurricane Melissa: devastating category 5 storm has caused catastrophic damage across Jamaica**

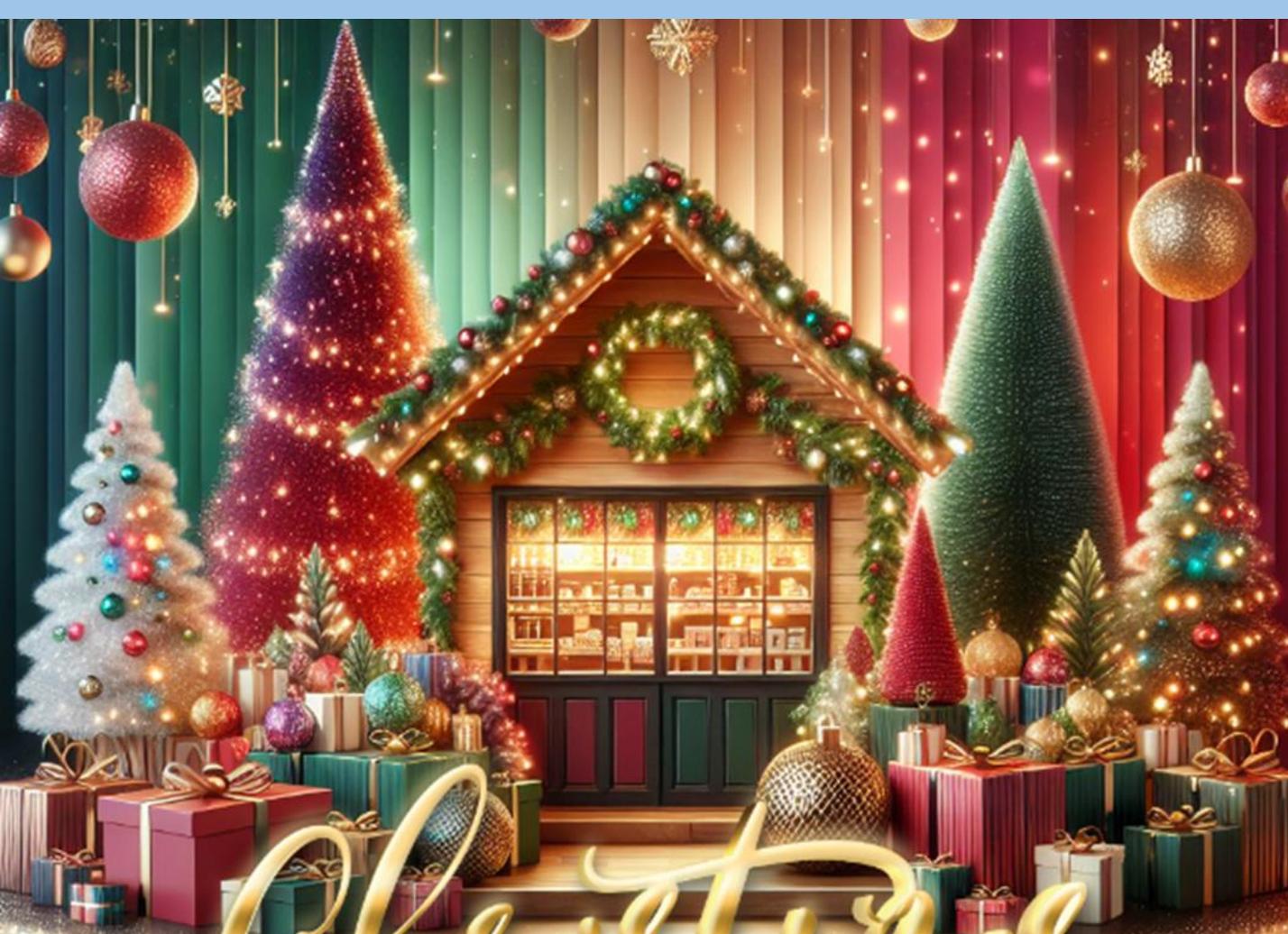
On 28 October, a category five hurricane made landfall in Jamaica.

Hurricane Melissa, the most powerful storm of 2025, is the strongest to have hit Jamaica in modern history. Millions of people have been affected and at least 61 people have been killed in Jamaica and across the region.

Hurricane Melissa made a catastrophic impact on Jamaica, bringing with it violent winds, flash flooding, and landslides. Across Jamaica, much of the population remains without electricity, and reports suggest that around 30,000 people are displaced.

In Haiti and the Dominican Republic, heavy rainfall and flooding have caused fatalities and structural damage. Hurricane Melissa arrived in Cuba as a category 3 storm, causing extensive damage in Santiago de Cuba, Holguín, Granma and Guantánamo. Around two million people require humanitarian assistance.

The first priorities are search and rescue, and ensuring people have access to healthcare, safe shelter and clean water.



Christmas

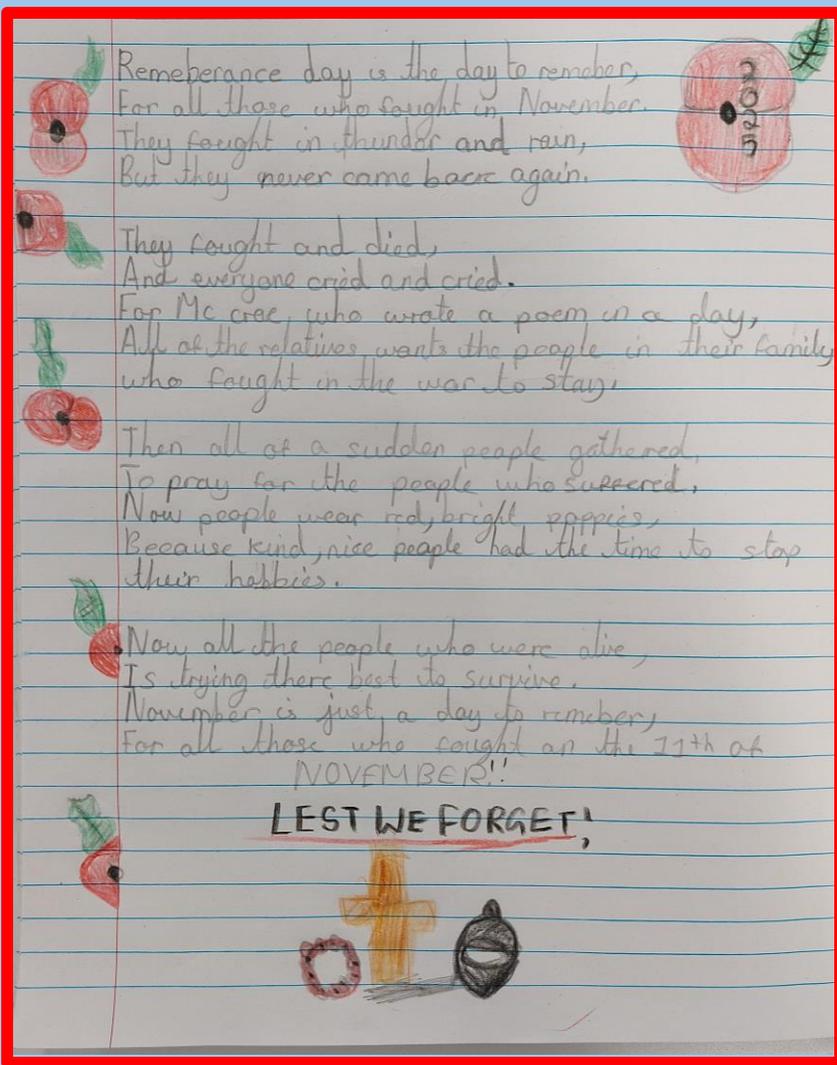
**FAIR**

**ST MARY'S PRIORY SCHOOL**

**Tuesday 9th December  
3:00 pm to 4:30 pm**

**Santa Grotto - Games - Raffle - Tombola - Face  
painting/ Tattoos - Food & Drinks - Choir and  
much more!**

**EVERYONE WELCOME**



On Tuesday, the children honoured Remembrance Day in touching ways. They observed a minute of silence, crafted poppies with care, and wrote moving poems to remember those who served. Their creativity and compassion remind us that remembrance is a lesson passed heart to heart.





Natural  
History  
Museum

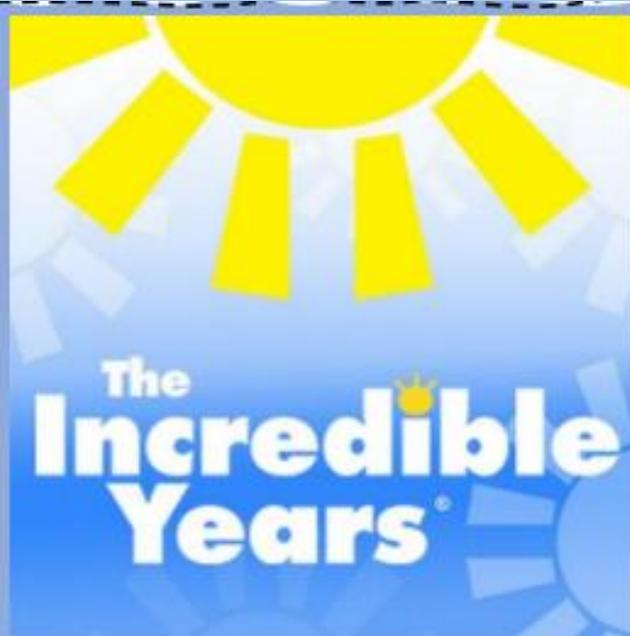
Year 5 went to the Natural History Museum on Monday, to study further their Geography topic of Oceans. They had an exciting deep ocean exploration workshop (not to mention a customary trip to see the dinosaurs)!





The children were joined by London's Air Ambulance in Monday's assembly! The children learnt about the important work that this charity does. Afterwards, Years 3 and 4 had a workshop with them.





## Webster-Stratton Parenting Group

- Are you a parent/carer of a child aged 3-11 years?
- Are you finding your child's behaviour challenging?
- **We welcome families with children with a neurodivergent profile**

## What does the programme involve?

- A free 12-week programme led by Emily Brees, Educational Psychologist and Carolyn Graham, Senior Educational Psychologist
- 2-hour sessions on Thursday mornings (10am -12pm) in term time starting on 16<sup>th</sup> October 2025 at: Triangle Children's Centre and Family Hub, 91-93 St Ann's Rd, N15 6NU
- Tea, coffee & snacks will be provided!

## How has the group helped other parents in Haringey?

It has helped me to identify the problems I have and how to deal with them

I feel that I am not on my own facing the challenges of parenting

I stay more focused and calmer when responding to my children's behaviour

I have more strategies and know what works for my child

## What is the Incredible Years® Parenting Programme?

The Incredible Years® Parenting Programme was developed by Carolyn Webster-Stratton. It has helped thousands of parents to support their children's behavior and promote their children's social, emotional and academic development. The group will involve video clips, discussions and a wide range of different activities, encouraging parents to share ideas and strategies in a supportive environment. The aim of the programme is to help you enjoy being a parent!

## What will the programme cover?

- Suggestions of ways to enjoy time with your child, such as how to play and interact effectively
- Explaining and practicing ways to promote positive behaviours and reduce inappropriate behaviours
- Rules, routines and effective limit setting
- Supporting your child's emotional well-being
- Help to regulate your own feelings

## New series of free monthly workshops for parents

Do you think your child may have ADHD or are they on the waiting list for an assessment?

- Come along and hear about helpful information and strategies.
- Meet other parents and professionals



Led by  
CAMHS and  
the  
Educational  
Psychology  
Service

Sign up here:

<https://sendpowerinharingey.eventbrite.com>



### Upcoming sessions:

Tuesday 21<sup>st</sup> October 2025 - ADHD and executive functioning

Tuesday 18<sup>th</sup> November - ADHD and sleep

Tuesday 16<sup>th</sup> December - ADHD and support in school

Time: 10 - 11.30am

Place: Chestnuts Community Centre (N15 5BN)

## New series of free monthly workshops for parents

### Who can attend these workshops?

These workshops are for any parent/carer whose children:

- live and/or go to school in Haringey
- and/or have a GP in Haringey



### What are these workshops about?

These are interactive workshops where you will have the chance to get accurate information around ADHD from practitioners, ask questions, and meet and chat with fellow parents/carers.

There will be individual sessions on a range of topics - attend when you can, sign up in advance if possible.

### What topics will be discussed?

Future topics for workshops next term (Spring 2026) include:

- ADHD: pros and cons of diagnosis and medication
- ADHD over the lifespan
- ADHD and managing behaviour
- ADHD and emotion coaching
- ADHD and screen time
- ADHD and the development of attention

**Sign up here:**

**<https://sendpowerinharingey.eventbrite.com>**



Where great lives begin



**St. Mary's Priory Catholic Infant & Junior Schools**

<https://www.stmaryspriory.co.uk>

## Parent workshops

Strengthening child/parent relationships

Supportive and Reflective workshops for St. Mary's Priory Schools.



**Aim of the workshops:** To enhance the parent-child relationship by promoting the parent's reflective capacity, emotional regulation and understanding of parent-child communications.

**Method:** The programme takes place during 10 sessions, one hour and 15 minutes each. The themes for each session are related to attachment principles, child development, the impact of trauma and the importance of care-giving.

Within each session there will be power point presentations, the modelling of role play, reflective discussions and helpful handouts.

**Number of parents for the program:** 10 (sign up quickly!)  
**Please email the school office if you can commit to the 10 weeks -** [office@stmarysrcpriory.haringey.sch.uk](mailto:office@stmarysrcpriory.haringey.sch.uk)

**Starting Date:** Friday 10th October 2025

Every Friday from 2:00pm to 3.15 pm at St Mary's School.

**Facilitator:** Gloria Jaramillo (School Counsellor).

Hermitage Road, London, N15 5RE

Telephone: 020 8800 9305

[office@stmarysrcpriory.haringey.sch.uk](mailto:office@stmarysrcpriory.haringey.sch.uk)





God of the past, we remember with gratitude all those who have gone before us, living lives of sacrifice and faith, winning freedom for us and pointing us to you.



## **PRAYER FOR THOSE AFFECTED BY HURRICANE MELISSA**

God of hope and strength,  
be with all who are affected  
by Hurricane Melissa.  
Hold close those in danger,  
calm those who fear, and  
bless the hands that help.  
Let your presence be the  
calm after the storm.  
Through Christ our Lord.  
Amen.