



# St Mary's Priory Catholic Infant and Junior Schools'

## School Newsletter

Where great lives begin

23rd January 2026

Dear St Mary's Community,

### Menu changes

After successful meetings with our parents, and pupils from our school council, Olive Dining have made adaptations to the menu (see the website or next slide for new menu). They are also making changes to the seasoning used and how certain things are cooked. Last week's meeting was so important as it ensures all parties are heard- Olive would like to set up termly meetings with parents so we look forward to more of these in the future.

### Healthy Eating

Our Juniors had a fantastic assembly today led by our school nurses. They learnt about healthy eating, staying active, drinking plenty of water, and making smart choices around sugar.

### Absences

If your child is ill, please phone the office and leave a voice message rather than emailing the school- thank you.

Warm regards,

Ms Reynolds  
Deputy Headteacher



**More from Circus School!**

# School calendar:


When:	What:	Who:	Where:	Time:
All year	<b>Clubs:</b> Monday: Y1-6 Football (Top Sports Academy)/ Street Dance (Y4-6)/ Arts and Craft (ASC) Tuesday: Multi-sports (ASC) Wednesday: Performing Arts (ASC) Thursday: Y1-6 Multi-sports (Top Sports Academy) Friday: Homework (ASC)		Vario US	9am
5th March	World Book Day- dress up as your favourite book character- donate £1 or whatever you can for the improvement of our library	All		
March	Wb 2nd March Bikeability lessons- 5B Wb 9th March Bikeability lessons- 5W 25th & 26th March Year 4 Bikeability	Year 4/5		






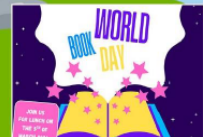



## Updated menu:

St Mary's Priory Catholic Infant & Junior School

# WEEKLY MENU

WEEK 1  
WEEK 2  
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	THEME DAYS
<b>MAIN</b> 	Jerk Chicken Curry	Beef Burger (SE*, SO, SU, G/W)	Roast Chicken & Gravy	BBQ Chicken Pizza (MK, G/W)	Fish Fingers & Chips (F, G/W)	
<b>VEGGIE</b> 	Sweet Potato, Chickpea & Coconut Curry (CE, G/B, O, R, W) <span style="color: green;">V</span> <span style="color: orange;">S</span>	Vegetable Burger (SE*, G/W) <span style="color: green;">V</span>	Roasted Root Vegetable Pie & Gravy (CE, G/W) <span style="color: green;">V</span> <span style="color: orange;">S</span>	Cheese & Tomato Pizza (MK, G/W)	Vegan Nuggets & Chips (G/W) <span style="color: green;">V</span>	
<b>SIDES</b> 	Rice & Peas with Green Beans (CE) <span style="color: green;">V</span>	Homemade Potato Wedges & Green Salad <span style="color: green;">V</span>	Rustic Roast Potatoes with Roasted Carrots & Parsnips <span style="color: green;">V</span> <span style="color: orange;">S</span>	Homemade Potato Wedges & Green Salad <span style="color: green;">V</span>	Baked Beans & Peas <span style="color: green;">V</span>	
<b>PASTA &amp; JACKET</b> 	Vegan Roasted Vegetable Pasta (G/W) <span style="color: green;">V</span>	Jacket Potato & Salad	Tomato & Basil Pasta (CE, G/W) <span style="color: green;">V</span>	Jacket Potato & Salad	Mac & Cheese (MK, G/W)	
<b>PUD</b> 	Banana Cake & Custard (E, MK, SO*, G/W)	Chocolate & Orange Brownie (E, MK, SO, G/B, W)	Apple Crumble & Custard (MK, G/W)	Carrot Cake (E, MK, SO*, G/B, O, W) <span style="color: orange;">S</span>	Ice Cream (MK)	


DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT

**DATES**

05 JAN / 26 JAN  
23 FEB / 16 MAR /

**ALLERGENS**

CE = CELERY    F = FISH    G/O = OATS    L = LUPIN    MU = MUSTARD    SO = SOYA    \* = MAY CONTAIN  
 CR = CRUSTACEAN    G = GLUTEN    G/R = RYE    MK = MILK    N = NUTS    SU = SULPHUR    V = VEGAN  
 E = EGGS    G/B = BARLEY    G/W = WHEAT    MO = MOLLUSCS    P = PEANUTS    SE = SESAME SEEDS    S = SEASONAL VEG



Olive's dining  
food with passion



# Stars of the Week



Class:	Stars:	
Owl Class	Quillan	Emilia
Robin Class	Malachi	Sofia
Dove Class	Eliana	Satiro
3C	Erica	Malcolm
4D	Aaron	Euale
5W	Daniel	Maariya
5B	Nehir	Dylan R
6J	Isha	Jared

**Congratulations to our Stars of the week!**  
**These pupils have worked exceptionally hard to stand out amongst their peers. Well done everyone!**



# Year 2 loved their trip to St Paul's Cathedral!





Our Juniors had a fantastic assembly today led by our school nurses. They learnt about healthy eating, staying active, drinking plenty of water, and making smart choices around sugar.

**HEALTHY EATING**





Our Year 4 and 5s continue to enjoy their 'circus lessons' this term!



# Dads Space - Weekly Drop-In for Fathers

A welcoming space for Fathers to Connect, Share and Grow

Join us for weekly drop-in sessions designed to support fathers in their parenting journey. Whether you're a new dad, experienced parent or involved in Family Time, this space is for you.



What to expect:

- Peer support and open discussion
  - Weekly themes based on fathers' interests
  - Guest speakers and occasional off-site visits
  - Signposting to services across Family Hubs and Youth Services
  - Refreshments and resources available
- **Wednesday drop-ins**
  - **10am – 1pm**
  - **Rising Green Family Hub**

Supported by the Parenting Team. Contact us on:  
[parentingprogramme@haringey.gov.uk](mailto:parentingprogramme@haringey.gov.uk)

# Early Words Together Programme



Helping your child learn,  
talk confidently, and enjoy  
quality time with you  
Age Range: 2.5 years–4  
Years

**Limited Spaces Book Now!**

Every Monday starting 12th January 2pm - 3pm  
At Triangle Family Hub  
91-93 St Anns Road  
N15 6NU

For more information please contact reception  
020 8802 8782 [trianglecentre@haringey.gov.uk](mailto:trianglecentre@haringey.gov.uk)  
Or Marlene 07976457449

## What to Expect:

- ◇ Fun activities to boost your child's communication Skills
- ◇ Tips and ideas for talking and playing together at home
- ◇ Welcoming space to meet other families
  - ◇ Free resources to take home





# The Paddock Winter Tree Walk

The Paddock, Ferry Ln, London N17 9BS

**SATURDAY 31st January**  
**12 - 1.30pm**

We invite you to join us at the Paddock for our wonderful winter tree walk. Whether you are an expert or beginner this will be a chance to get outdoors and explore and learn how to identify winter trees

**Eventbrite book online:**

**The Conservation Volunteers @ The Paddock**

**Contact: [thepaddock@tcv.org.uk](mailto:thepaddock@tcv.org.uk)**



EAT WOOD GREEN



FOOD  
GROWING

HEALTH  
WELLBEING



# EAT WOOD GREEN IS OPEN AT WOOD GREEN LIBRARY

## Wednesdays

11-12pm Under 5s

1-2.30pm Children's Session

4-5.30 Under 11s Garden Club

## Fridays

10-11.30am Under 5s

4-5.30pm 11+

Growing together

[eatwoodgreen@ubele.org](mailto:eatwoodgreen@ubele.org)



SUPPORTED BY  
MAYOR OF LONDON



# ONLINE SAFETY & RADICALISATION AWARENESS FOR PARENTS



**EMPOWERING PARENTS TO SAFEGUARD  
YOUNG PEOPLE FROM ONLINE RADICALISATION**

## **KEY TOPICS WE'LL EXPLORE:**

- How extremist content and harmful narratives spread online
- Warning signs and early indicators of risk
- Digital boundaries, parental controls, and healthy online habits
- Supporting vulnerable young people with confidence
- Having open conversations about online harms
- When and where to seek further support

**SCAN THE QR CODE OR CLICK THE  
LINKS BELOW TO REGISTER NOW**

**Thu 10th Feb**

9-10am

At: Lea Valley  
Primary School



**Fri 13th Feb**

2-3pm

At: Muswell Hill  
Primary School



**Thu 10th Feb, 6-7pm**

Online via Microsoft Teams





Lord,  
as we begin this new year  
together, we thank You for the  
gift of fresh starts and new  
opportunities.

Bless our school community with  
wisdom, kindness, and joy in all  
that we do.

Help us to grow in faith, hope,  
and love, supporting one another  
each day.

May this year be filled with peace  
and blessings for every child,  
family, and member of staff.

Amen.