



St Mary's Priory Catholic Infant and Junior Schools' School Newsletter

Where great lives begin

Dear St Mary's Community,

24th April 2026

Last Saturday evening, Streetz Ahead, our weekly dance club for pupils in Years 4, 5 and 6, performed at the Bernie Grant Arts Centre in Tottenham. The children performed beautifully and were a real credit to our school. Their commitment and determination truly shone through, perfectly reflecting one of our core school values, ambition. We were incredibly proud to watch them on stage.

A little late in sharing, but we were very proud in January to be recognised by the Secretary of State for Education for the excellent outcomes achieved by our disadvantaged pupils. This reflects the dedication of our staff and the strong relationships we have with our families.

Our Nursery children attended a school visit to Bruce Castle to reinforce their literacy learning. They listened to their current class book, *The Gruffalo*, and participated in craft-making activities around the book.

Year 5 attended a rugby tournament at Park View School this week. They had a great time and showed lots of team work!

Warm regards,

Ms Reynolds
Deputy Headteacher




School calendar:










When:	What:	Who:	Where:	Time:
All year	Clubs: Monday: Y1-6 Football (Top Sports Academy)/ Street Dance (Y4-6)/ Arts and Craft (ASC) Tuesday: Multi-sports (ASC) Wednesday: Performing Arts (ASC) Thursday: Y1-6 Multi-sports (Top Sports Academy) Friday: Homework (ASC)		Various	9am
28th April	9am PSA meeting in Kingfisher	All parents invited	Kingfisher	9am
15th May	PSA Pyjama Day - please donate for our Junior Playground !	All		
Summer 2	Come Dine with Us! Parents will be invited to eat lunch with their child's class. More info to follow.			
Summer 2	Class assemblies - dates to be confirmed			

St Mary's Priory Catholic Infant & Junior

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	THEME DAYS
MAIN 	BBQ Chicken Fajitas (G/B*, O*, R*, W)	BBQ Chicken & Sweetcorn Pizza (MK, G/W)	Roast Chicken & Gravy (G/W)	Vegetable Curry (CE, G/B*, O*, R*, W*)	Fish Fingers & Chips (F, G/W)	   
VEGGIE 	Three Cheese Pasta Bake (MK, G/W)	BBQ Quorn & Sweetcorn Pizza (MK, MU*, G/W)	Lemon & Herb Quorn Fillet (G/W)	Butternut Squash & Spinach Tarkha Dahl (CE, G/B*, O*, R*, W*)	Vegan Nuggets & Chips (G/W)	
SIDES 	Vegetable & Bean Rice (CE)	Homemade Potato Wedges & Sweetcorn	Rustic Roast Potatoes & Medley of Seasonal Vegetables	Steamed Rice & Seasonal Vegetables	Beans or Peas	
PASTA & JACKET 	Mac & Cheese (MK, G/W)	Jacket Potato with a Choice of Fillings (E, F, MK)	Tomato & Basil Pasta (G/W)	Jacket Potato with a Choice of Fillings (E, F, MK)	Vegan Roasted Vegetable Pasta (G/W)	
PUD 	Lemon & Polenta Cake with Greek Yoghurt (E, MK, SO*, G/B*, W)	Fruit Yoghurt (MK)	Iced Vanilla Sponge (E, MK, SO*, G/W)	Fruit Yoghurt (MK)	Orange & Chocolate Marble Cake (E, MK, SO*, G/W)	

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT


DATES

27 APR / 18 MAY
15 JUN / 06 JUL /

ALLERGENS

CE = CELERY	F = FISH	G/O = OATS	L = LUPIN	MU = MUSTARD	SO = SOYA
CR = CRUSTACEAN	G = GLUTEN	G/R = RYE	MK = MILK	N = NUTS	SU = SULPHUR
E = EGGS	G/B = BARLEY	G/W = WHEAT	MO = MOLLUSCS	P = PEANUTS	SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG



Olive's
dining
food with passion



Stars of the Week



Wb 13th April 2026

Class:	Stars:	
Owl Class	Emma	Kheian
Robin Class	Joey	Joziah
Dove Class	Renayasia Wb 16th March: Leon	Joseph Wb 16th March: Jannick
3C	Erica	Victoria
4D	Joselyn	Cayden
5W	Leah	Giff
5B	Chimamanda	Jamie
6J	Ana-Belle	Arya

Congratulations to our Stars of the week!
These pupils have worked exceptionally hard to
stand out amongst their peers. Well done everyone!





Stars of the Week



Wb 20th April 2026

Class:	Stars:	
Owl Class	Victor	Mayra
Robin Class	Antonella	Emma C
Dove Class	Katie	Zoe
3C	Yapsel	Adam
4D	Ava-Marie	Eden
5W	Isabelle	Ellen
5B	Samantha	Grace
6J	Caleb Wb. 23rd March Annabelle	Eliana Wb. 23rd March Noel

Congratulations to our Stars of the week!
These pupils have worked exceptionally hard to
stand out amongst their peers. Well done everyone!





HIGHEST NUMBER OF LEVELS PASSED- Last 2 weeks!



MATHS LEADER BOARD!



QUICKEST STUDIO SPEED!





Robin Class Page!

In Robin class we have been learning about 'The Road to Emmaus' in RE.



We used drama to act out the story.

The children role-played the moment when the followers realised it was Jesus when he broke and shared the bread.





Dove Class Page!

Dove Class have had a great start to the Summer Term. We started our new book, *Toys in Space*, and even brought in our favourite toys from home to share with our friends and support our writing.

We have also been exploring measurement in Maths. We are learning about centimetres and metres, and have been comparing different lengths and heights.





3C Class Page!

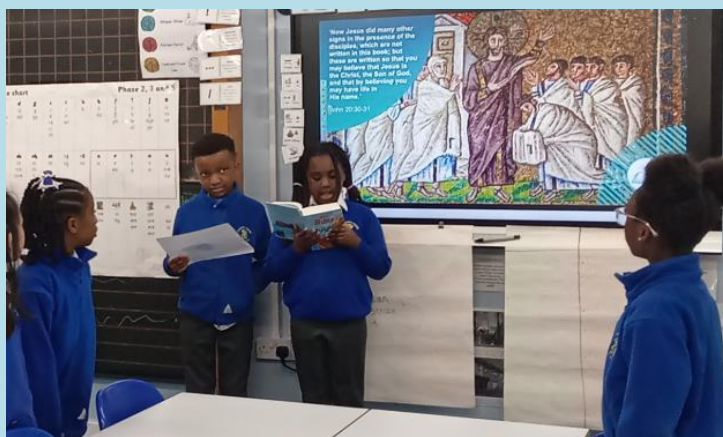
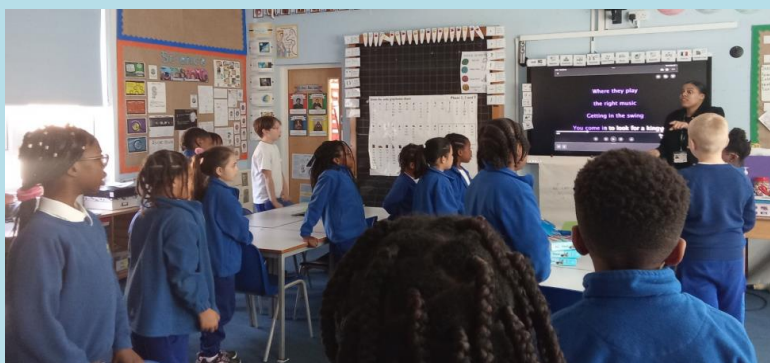
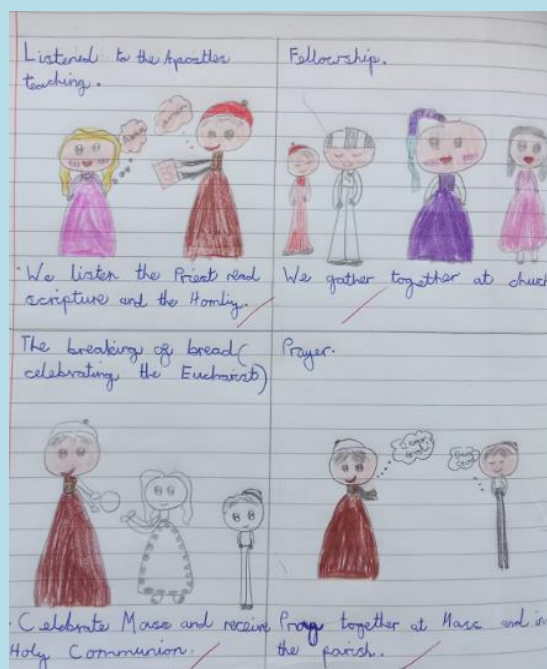
In 3C, we've begun the new term with lots of exciting learning!

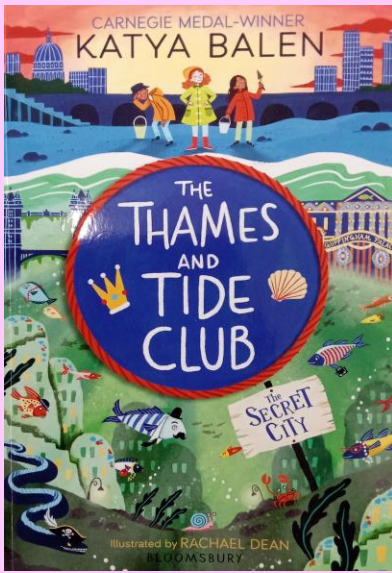
In PE, the children have been developing their throwing and catching, improving their coordination, control and teamwork through fun activities and games.

In RE, we have been learning about the Early Church and deepening our understanding of Mass, exploring its meaning and importance.

In Music, the children have been building their confidence by learning different singing techniques.

Finally, Collective Worship has provided valuable opportunities for reflection, prayer and coming together as a class community.





4D Class Page!

In 4D

Over the last two weeks, our class has been very busy.

We started our **new book**, *The Thames and Tide Club: The Secret City*, and were hooked straight away. We loved learning about **mudlarking** and wrote diary entries as if we had gone mudlarking ourselves. *Fun fact: mudlarkers can find objects that are hundreds – even thousands – of years old along the River Thames!*

In PE, we also began learning how to play **Rounders**, practising our throwing, catching and teamwork skills.



Early in the morning, I woke up thinking it would be another sunny day, mudlarking with zara but instead it was the complete opposite, it was the best mudlarking finds I've ever done. As soon as I woke up, I got my wellies, my bucket, my raincoat and my shovel, then we went to our normal spot near the London Eye but had to go down some muddy and slippery stairs but it didn't take too long since we always come here and we're used to it, I felt nervous, anxious and excited.

Whilst I was looking, I found soggy sticks when zara already found a gold earring and some ancient coins. To be honest with you, I was kind of disappointed and jealous that I didn't find anything but at the same time happy, excited and joyful. I found some old bits of metal, I spotted something shiny, sparkly and amazing so I picked it up, it was the mud off of it and I saw that it was a special anniversary and I felt it was very happy and it was my first ever thing, I found all these (I think) but at the same time confused because I didn't know what it really was, I asked zara if she knew what it was but she didn't know either so I kept it safe in my pocket so I can research more about that hole.

As quick as a flash, I rushed home with zara, told the news, told the news to my mum and she followed me and zara to my laptop even though that's not allowed to see my passwords (they still did). After a few minutes of researching I found out that it's worth 8 thousand pounds was.

Shocked! I've never owned something worth that much money before, I promised myself I'll never give it to someone or tell anyone or someone will steal it secretly and all my hard work will be gone.

Love Clem

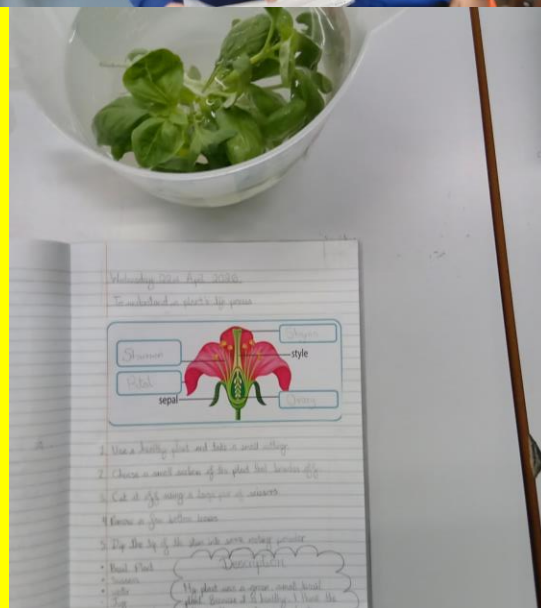
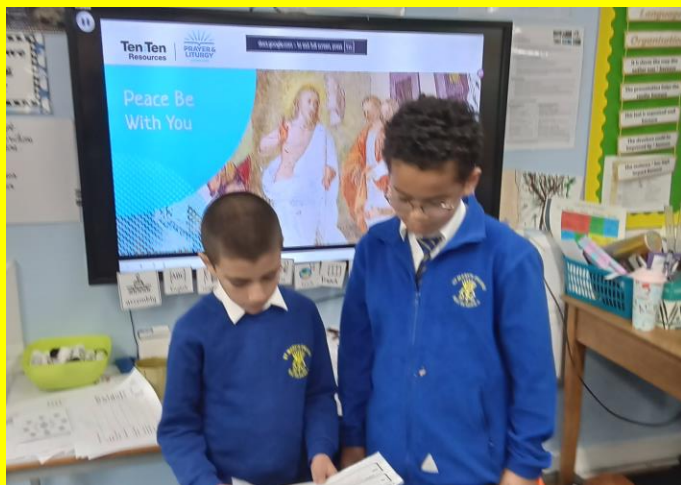




5B Class Page!

5B have had a great start back after the Easter holidays. We began the term by revisiting our class expectations, acting out different scenarios and discussing how we should respond in each situation.

Pupils led our collective worship, and we also had the opportunity to attend Mass at St John Vianney's Church. In science, we have been learning about the life processes of a plant, and over the next few weeks we will be studying and caring for our own basil plant.



5W Class Page!

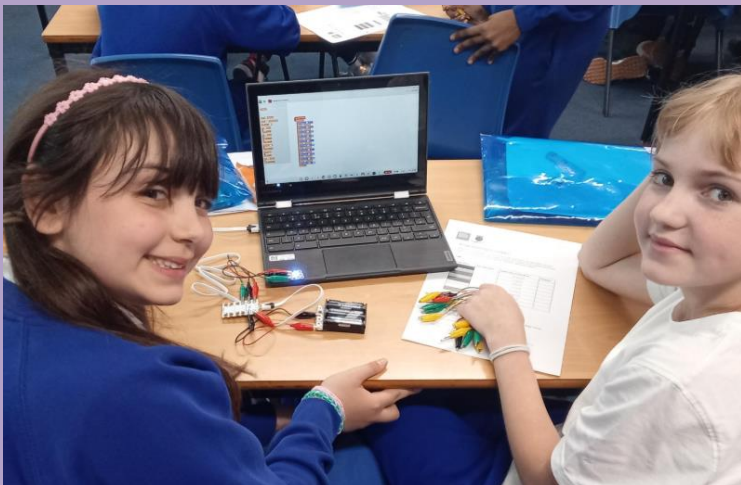
We have been very busy since coming back after Easter and lots of great things have been going on. In computing, we have begun to use a new device called a 'Crumble'.

This week, we successfully set up the Crumble and used code to create a lighting sequence.

We have also been to Park View to learn basketball skills and begun our new

Science topic on Plants and Living Things. We have attempted to make a clone using a cutting of a basil plant; our predictions are varied. Some children think the rooting powder will help the basil cutting to develop roots and survive – others believe that the roots will not form due to there not being soil.

What do you think will happen?



We give thanks for a positive start to this final term in Year 6.

6J have continued to work hard as they prepare for their upcoming assessments. This is an important time in their journey and it has been encouraging to see them focused and trying their best.

6J Class Page!



Road Safety Workshop

Year 6 took part in an interactive session with The Riot Act, exploring how to stay safe on and around roads and the importance of making safe choices.



Preparing for Our Leavers' Service

We were pleased to welcome Reverend Jessica Swift from St Anne's church, who visited Year 6 as we begin preparing for our Leavers' Service. This was a valuable opportunity for reflection as the children start to think about this special milestone.

Gardening for all at Wood Green Library!



Eat Wood Green

Free family food growing sessions at Wood Green Library 1st floor balcony. Come along and join our interactive sessions, learning about healthy food, nature and how to grow and care for plants, the environment and ourselves. We engage a range of art and horticultural activities, including seed sowing, seed bomb making, how to nurture and grow plants in small spaces, beds or gardens using recycled and organic materials. For more information contact eatwoodgreen@ubele.org @eatwoodgreen

*All sessions suggest free registration and a parent or carer must stay on site for the duration of the session.

Wednesday 11-12pm Under 5s

Under 5s sessions for children, parents and carers will create a sensory environment to explore beautiful plants, flowers and fruits, get our hands in the soil, watering, digging, touching and tasting a range of plants. We include tips for parents to grow their own healthy food at home.

Wednesdays 1.30-3pm (Open to all)

Inviting children of all ages to join our informal sessions that teach children about how to nurture and understand everything from seeds to soil, sowing to growing and how to make healthy choices with their food and the environment, to increase wellbeing and caring for nature and our planet. We welcome home educators or young people not currently attending statutory education sessions.

Wednesdays 4-5.30pm (After school gardening club 7-12yrs)

Young people are welcome to join our fun, food growing activities to sow seeds, plant food crops and maintain our beautiful garden space after school. Get outside, all weather and learn how to plant and grow your own healthy food at home or use natural materials to make beautiful art inspired by nature.

Fridays 9.30-10.30am Under 5s

Under 5s sessions for children, parents and carers will create a sensory environment to explore beautiful plants, flowers and fruits, get our hands in the soil, watering, digging, touching and tasting a range of plants. We include tips for parents to grow their own healthy food at home.



**HARINGEY
MUSIC SERVICE**

PRESENTS

Junior Vox

A vocal group for ages 8 - 11
All singers are welcome!

**Tuesday
4:15 - 5:00pm**

Chestnuts Community Centre
280 St Ann's Road, N15 5BN

An amazing opportunity!

If you are looking for a challenge and want to push yourself musically and get the chance for some exciting performance opportunities, then this choir is for you!

No audition required!

This group is for singers who are looking to explore their vocal harmony and voices in a variety of ways, to eventually work alongside other musicians, vocalists and other ensembles.

Haringey
LONDON

*This is *NOT* a standard choir. This is a vocal group with an edge.

ADHD WORKSHOPS



Does your child have ADHD, are they on the waiting list for assessment or do they present with needs in this area?

- Come along and hear about helpful information and strategies
- Open to all parents/carers
- Meet other parents and professionals

Upcoming Workshop Dates and Topics

21st April- Building relationships and connections with your child
12th May - ADHD and managing behaviour challenges at home
16th June - ADHD and autism/co-occurring conditions
21st July - Talking to your child about ADHD

**The workshops will take place at:
Chestnuts Community Centre, N15 5BN**

**10- 11:30am - Presentation
11:30 - 12pm - Discussion (optional)**



Sign up here:

<https://sendpowerinharingey.eventbrite.com>



The UK government has issued [national guidance on screen time for children under five](#). Evidence shows that too much solo screen use can affect language, sleep, social skills and healthy weight — but not all screen use is equal. Small changes make a big difference.

Age by Age Guidance

0-2

Avoid screen time

Babies & very young children

Avoid screens other than for shared activities that encourage **bonding, interaction and conversation**, such as a video call with grandparents. These early interactions build the foundations for language and social development.

Max 1 hour per day

2-5

Toddlers & pre-schoolers

Try to keep it to **no more than one hour a day — less is possible**. Choose slow-paced, age-appropriate content. Avoid fast-paced social media-style videos and AI toys or tools.

Why This Matters

- **98% of 2-year-olds** in the UK watch screens every day. Children with the highest screen time show a measurable impact on **language development**.
- Long solo screen time can get in the way of **sleep, physical activity, creative play** and **parental interaction** - all critical for healthy development.
- Reading together, simple games, play and back-and-forth conversations build **language, problem-solving skills, self-control** and social understanding from birth.
- How parents use their own devices also matters - **children learn from watching us**. Modelling healthy screen habits is just as important as setting limits.

Key Rules to Follow

AVOID: Screens at mealtimes. Meals are a vital opportunity for conversation, turn-taking and language development.

AVOID: Screens in the hour before bedtime. Screen use can disrupt sleep - which is critical for young children's health and brain development.

AVOID: Fast-paced or social media-style videos and AI toys or tools designed for young children.

DO: Watch together and talk. Co-viewing - where a parent or carer watches and asks questions about the content - is linked to better cognitive development than solo screen use.

SEND exception: Time limits may not apply in the same way for screen-based assistive technology used by children with special educational needs and disabilities.

Screen Swap Ideas

Bedtime

Read a bedtime story together

Builds vocabulary, imagination and a calming routine before sleep.

Mealtimes

Play 'I Spy' or simple table games

Background music, colouring or conversation all work too.

Keeping in touch

Video calls with family

This counts as a shared, bonding activity — great for all ages.

After nursery

Creative or physical play

Play, drawing and movement support language, self-control and problem-solving.

Remember: It's not about eliminating screens - it's about balance, boundaries and being present. The goal is healthy habits, not perfection.

What Parents & Educators Need to Know about YOUTUBE

WHAT ARE THE RISKS?

Almost anyone with an internet connection knows about YouTube. The Google-owned platform allows users to upload and share videos globally, making it a readily accessible resource with free content on almost any topic. However, with over 20 million videos uploaded each day, not all material is suitable for younger audiences.

INAPPROPRIATE CONTENT



YouTube is free and can be accessed across multiple device types, even without an account. While some videos are marked as 'age restricted', this relies on uploader honesty and automated moderation, meaning children and young people may still encounter unsuitable content if these measures aren't taken.

TRENDS AND CHALLENGES



Popular trends and challenges can be entertaining and widely shared. While many are harmless, some can be risky or harmful if copied. For example, the 'salt and ice challenge' has caused injuries when imitated.

EXPOSURE TO EXTREME CONTENT



The platform's algorithm often promotes content that attracts high engagement, which can sometimes include videos containing extreme viewpoints, misinformation, or risky behaviour. As children and young people watch more of this content, similar videos are likely to be recommended by YouTube's algorithm, therefore reinforcing the exposure.

CONNECTING WITH STRANGERS



YouTube includes social features such as comments and direct messaging. This means young users can interact with people they don't know, potentially exposing them to inappropriate language, cyberbullying, or unwanted contact. Young content creators may be especially vulnerable.

SUGGESTED CONTENT



YouTube recommends videos based on what a user has previously watched. While this can enhance the experience, it may also encourage binge-watching and excessive screen time, particularly when Autoplay is enabled. Without an account, users are shown trending videos, which are not always age appropriate.

SHORT-FORM CONTENT IMPACT



YouTube Shorts – short, fast-paced videos – are designed for continuous viewing. This style of content can be highly engaging but may also contribute to increased screen time and difficulties with maintaining focus over longer periods.

Advice for Parents & Educators

CONSIDER YOUTUBE KIDS



YouTube Kids can help reduce young users' exposure to unsuitable content by filtering videos into age groups, such as preschool, younger, and older children. However, as moderation is automated, it should be used alongside active supervision.

USE PARENTAL CONTROLS



Google Family Link allows adults to filter content, monitor usage, and manage younger users' screen time. Supervised Accounts offer a gradual step up from YouTube Kids, enabling children to explore the platform with appropriate safeguards.

CHECK PRIVACY SETTINGS



If a child in your care uploads content, consider setting videos to Private or Unlisted so they are only shared with trusted viewers. Disabling comments can also help reduce unwanted interaction from strangers.

WATCH TOGETHER



Spending time watching YouTube with the children and young people in your care can help you understand what they enjoy and guide your conversations about content. Tools like Downtime in Family Link can also help limit unsupervised viewing.

Meet Our Expert

Alan Martin is an experienced technology journalist who has written for publications including *Wired*, *TechRadar*, *Tom's Guide*, *The Evening Standard* and *The New Statesman*.



The National College®

See full reference list on our website

Wheely Tots Family Bike Club every Saturday!



Book here!

Overview

Age-friendly Saturday morning cycling sessions. Families welcome.

Get out and gain cycling skills in Lordship Recreation Ground with Wheely Tots. Our bike club is open to all ages. Families welcome; we encourage parents / carers to ride with their children!

Join us to:

- learn and improve cycling skills as a toddler, child, adult or whole family/friends group!
- be comfortable and safe
- plan and explore new routes
- benefit from the expertise of our instructors and mechanics

We have access to a small pool of child and adult bikes and will do our best to accommodate you if you do not have your own.



Loving God,

As we begin this new summer term, we thank you for the gift of fresh starts, brighter days and new opportunities to learn and grow.

Be with our pupils as they return with energy, curiosity and determination. Help them to persevere when work is challenging, to celebrate success with humility, and to show kindness and respect to one another.

We ask your blessing on our staff and families. Give patience, wisdom and good humour to all who teach, lead and support our children each day.

May our school be a place of joy, safety and encouragement this term, where everyone feels valued and able to do their very best.

Amen.